

J. Sharma
19.4.2022

DOGRA LAW COLLEGE

Bassi Kalan, Bari Brahmuna, Samba

REF. No R/Adm-01/27/1993/DLL

Date: 19.04.2022

NOTICE

1. It is for the information of all NCC Cadets that NCC unit of Dogra Law College is going to organise a trekking expedition on the occasion of "World Earth Day" i.e. on 22nd April 2022 for the NCC Cadets from 7:30 AM onwards. Trekking Expedition will be held at Manda Track, Jammu.
2. The event will comprise of three activities viz **Trekking Expedition, Cleanliness Drive and Nature Photography**.
3. During the trekking, Cadets will carry out Cleanliness Drive by collecting wrappers and other plastic material along the track.
4. There shall also be a Photography Competition wherein the cadets will click pictures while they trek to connect with the Mother Nature.
5. Along with Mr. Desh Bandu (CTO Dogra Law College) and Mr. Rishabh Bakshi(CTO Dogra Degree College), Two Non-Commissioned officer of 4 J&K BN, NCC, Jammu will accompany the cadets.
6. All cadets are required to report in the college at 6:40 am sharp on 22.04.2022. Belatedly will not be taken.


CTO
Dogra Law College


Principal
Dogra Law College

Copy to :

1. Secretary, Dogra Educational Trust
2. Director, DGC & CD
3. Notice Board, Dogra Law College

- for information please.
- for information please.
- for information of all the concerned.

Director,
Dogra Group of Colleges,
Bari Brahmana,
Samba.

Stamp
19.4.2022

Subject : Trekking expedition on the occasion of "World Earth Day".

Respected Ma'am,

1. We are glad to inform you that Dogra Law College and Dogra Degree college is going to organise a trekking expedition on the occasion of "World Earth Day" i.e. on 22nd April 2022 for the NCC Cadets from 7:30 AM onwards. Trekking Expedition will be held at Manda Track, Jammu.
2. The event will comprise of three activities viz Trekking Expedition, Cleanliness Drive and Nature Photography.
3. During the trekking, Cadets will carry out Cleanliness Drive by collecting wrappers and other plastic material along the track.
4. There shall also be a Photography Competition wherein the cadets will click pictures while they trek to connect with the Mother Nature.
5. Along with Mr. Desh Bandu (CTO Dogra Law College) and Mr. Rishabh Bakshi(CTO Dogra Degree College), Two Non-Commissioned officer of 4 J&K BN, NCC, Jammu will accompany the cadets.

Regards



CTO
Dogra Law College



CTO
Dogra Degree College



CTO
Dogra Degree College

NCC & NSS Units of Dogra Group of Colleges undertake plethora of activities to mark the celebrations of "World Earth Day"

22/04/2022

Bari Brahma, Samba

Today on the occasion of "World Earth Day" Dogra Degree College and Dogra Law College under the aegis of 4 J&K NCC BN, Jammu conducted a Trekking Expedition near the Ram Nagar Wildlife Sanctuary. The whole event comprised of three activities viz 7km trekking, Collection of single use plastic in the forest area and photography competition.

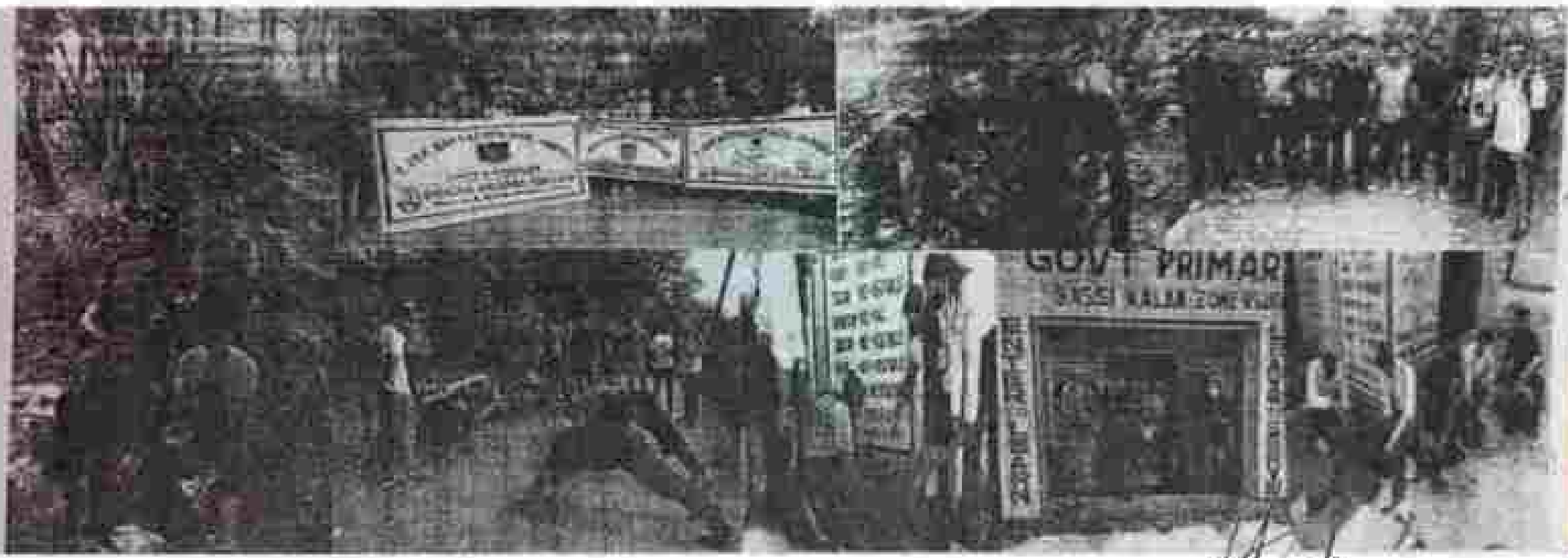
At 8:00 AM, 30 NCC Cadets from Dogra Degree College and Dogra Law College under the able guidance of their CTO's Mr. Desh Bandhu and Mr. Rishabh Bakshi along with Army Instructor Havaladar Vinod Kumar, 4 J&K NCC BN Jammu started the trek. Cadets were enthusiastic and motivated to contribute towards the growth and protection of nature. During the 7KM long expedition, Cadets collected single use plastic from the forest area along the track.

NCC Cadets also enthusiastically participated in Photography competition where they captured the beauty of nature and felt more connected with the mother nature.

On the same day, the NSS Unit of Dogra Degree College organized a plantation drive in Primary School, Bassi Kalan to mark the World Earth Day celebration. The plantation drive by 25 NSS Volunteers in the village school was ably supervised by Mr. Balwant Singh, NSS Programme Officer DDC with full support from Ms. Aditi Khajuria, Faculty DDC.

The ground was cleared and pits dug to plant the saplings. The NSS Volunteers planted around 30 saplings and pledged to plant a tree on the same day every year as a initiative to keep mother Earth green and pollution free. Prominent among those present on the occasion were the ward members (Mr. Tarsem Lal) and the head mistress along with the other staff members of the Govt. Primary School, Bassi Kalan.





[Handwritten signature]

OFFICE OF THE PRINCIPAL
DOGRA LAW COLLEGE

Barsi Kalan, Bari Brahman, Samba

REF NO: NSC/2/3569/DL

Date: 05.04.2022

NATIONAL SERVICE SCHEME

CIRCULAR

This to inform the students of B.A LL.B 5 Years and LL.B 3 Years that the NSS Unit of Dogra Law College is going to organize a Plantation Drive on 6th April, 2022. The Drive involves planting of various aboriginal saplings of authentic value. NSS Volunteers who are willing to participate in the plantation drive have to bring their saplings in the college with their Name, Semester, Year and Class Roll No.


NSS Coordinator
Dogra Law College


Principal
Dogra Law College
Bari Brahman, Samba

F/NCM-01/18/00

Dogra Law College

Bari-Brahmana, Jammu

NSS Programme Schedule and Report

Organizing Committee of Programme Ms. Iram Javed (Convener)
Mr. Ritwinder Kaur (Member)

Date of its Conduct: 6th April 2022

Venue: Dogra Law College

Theme: Plantation Drive

Number of student Participated: 48

Schedule: NSS Unit of Dogra Law College organised a Plantation Drive on 6th April 2022, which involved the plantation of various aboriginal saplings of authentic value. NSS volunteers participated with great zeal & enthusiasm by bringing their saplings to the college. The Gulchaim Singh Chacki, Chairman, DET, was the Special Guest on the occasion.

[Signature]
Signature of Convener, NSS Committee

[Signature]
Principal
Dogra Law College,
Bari Brahmana, Samba

OFFICE OF THE PRINCIPAL
DOGRA LAW COLLEGE

Banikhal, Badli Bahamand, Samba

Ref. No. DOGRA/27/2022/OLC

Date: 10/04/2022

NOTICE

The NSS unit of Dogra Law College has decided to carry out cleanliness drive on the occasion of Earth Day. This day is important for all of us because all the NSS volunteers are going to take a pledge regarding the Cleanliness of the planet on 12th April 2022 in the college premises at Ham. All the NSS volunteers are directed to actively participate in the event.


NSS, Committee


Principal
Dogra Law College
Principal
Dogra Law College
Ban Bahamand, Samba

Copy to:

1. Secretary - for information please.
2. Director, DET  - for information please.
3. Notice Board  - for information all concern.

Dogra Law College

Bari-Brahmana, Jammu

NSS Programme Schedule and Report

Organizing Committee of Programme Mr. Jyoti Singh (Coordinator),
Mr. Ritvirinder Kaur (Member)

Date of its Conduct: 12th April 2022


Venue: College Premises

Theme: "Earth Day"

Number of student Participated: 50

Schedule: The NSS Unit of Dogra Law College conducted Cleanliness Drive on the occasion of Earth Day. NSS volunteers took a pledge regarding the cleanliness of planet on 12th April 2022 in the college premises. NSS volunteers actively participated in the event.


 Signature of Coordinator, NSS Committee


 Principal
 Dogra Law College
 Bari Brahmana, Jammu

13-1-22

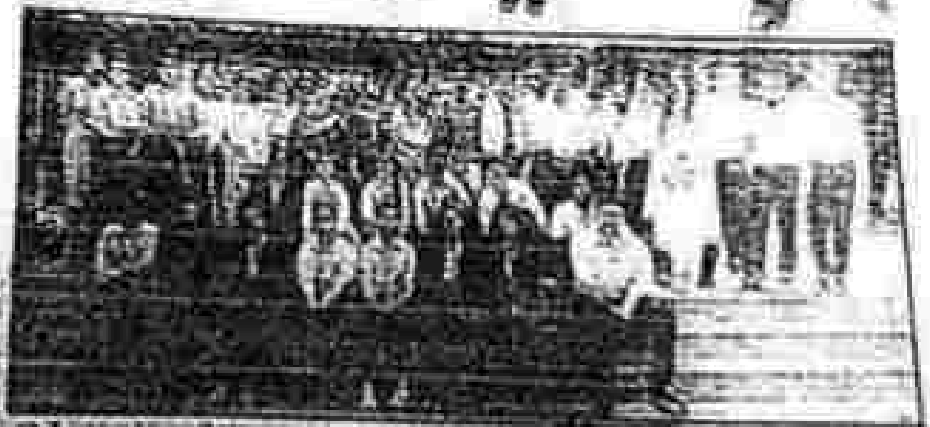
Dogra Herald, Jammu

NSS Unit of Dogra Law College successfully organised a cleanliness drive

NSS Unit of Dogra Law College successfully organised a cleanliness drive within the college campus to observe the Earth Day. The drive was held under the esteemed supervision of KR. Samar Dev Singh Churak, Secretary, Dogra Educational Trust, along with Dr. Darshana Sharma, Director, Dogra group of colleges and Dr. Komila Aggarwal, Principal-In-Charge, Dogra Law College and other faculty members.

The programme was initiated by the NSS convener Ms. Iram Javeed with the Pledge Ceremony where students took a Cleanliness Pledge. While invoking Gandhian Principles regarding sanitation, each student vowed to dedicate 100 hours a year for the purpose of cleanliness and refrain from littering.

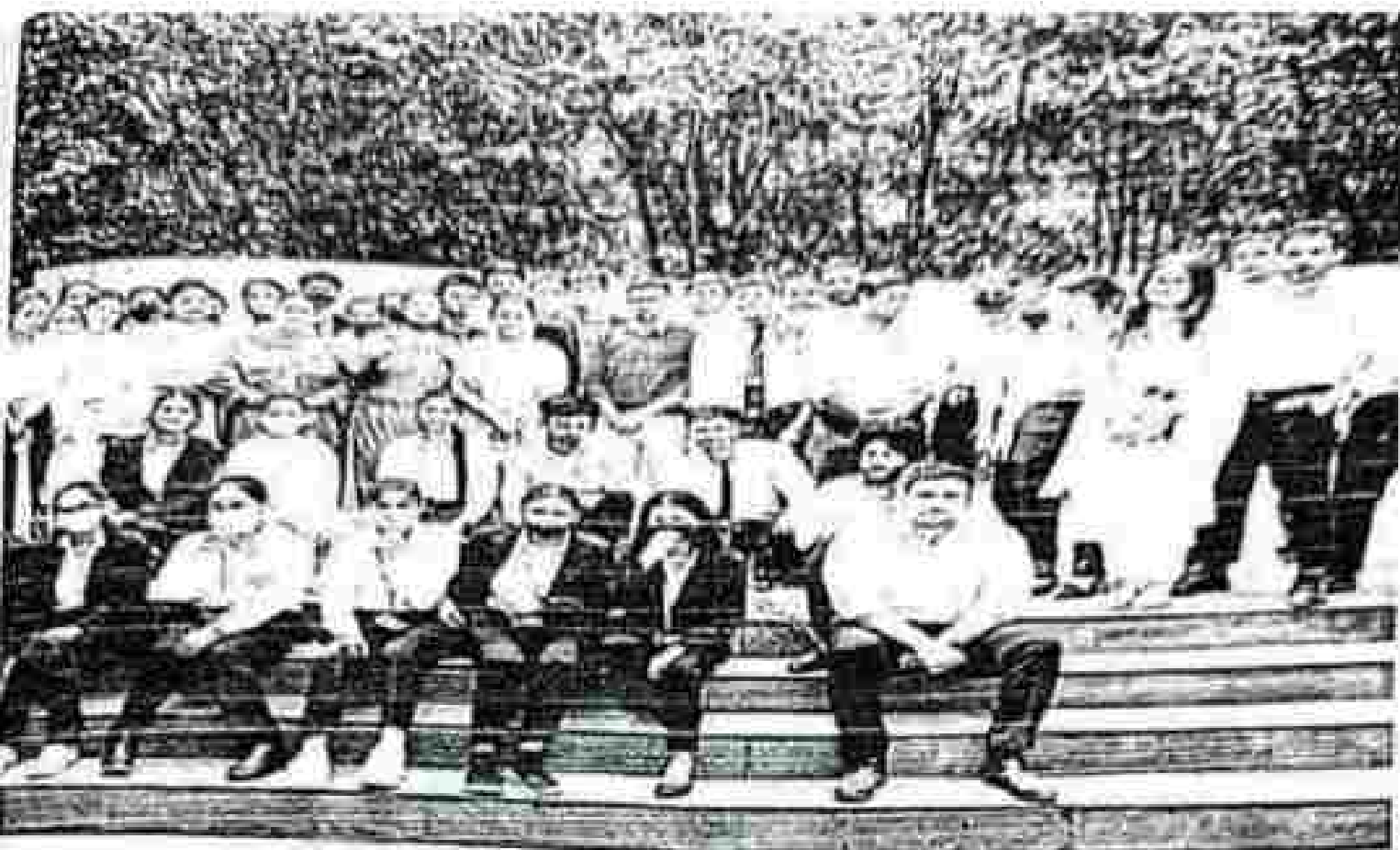
Addressing on the occasion, KR. Samar Dev Singh Churak, Secretary, Dogra

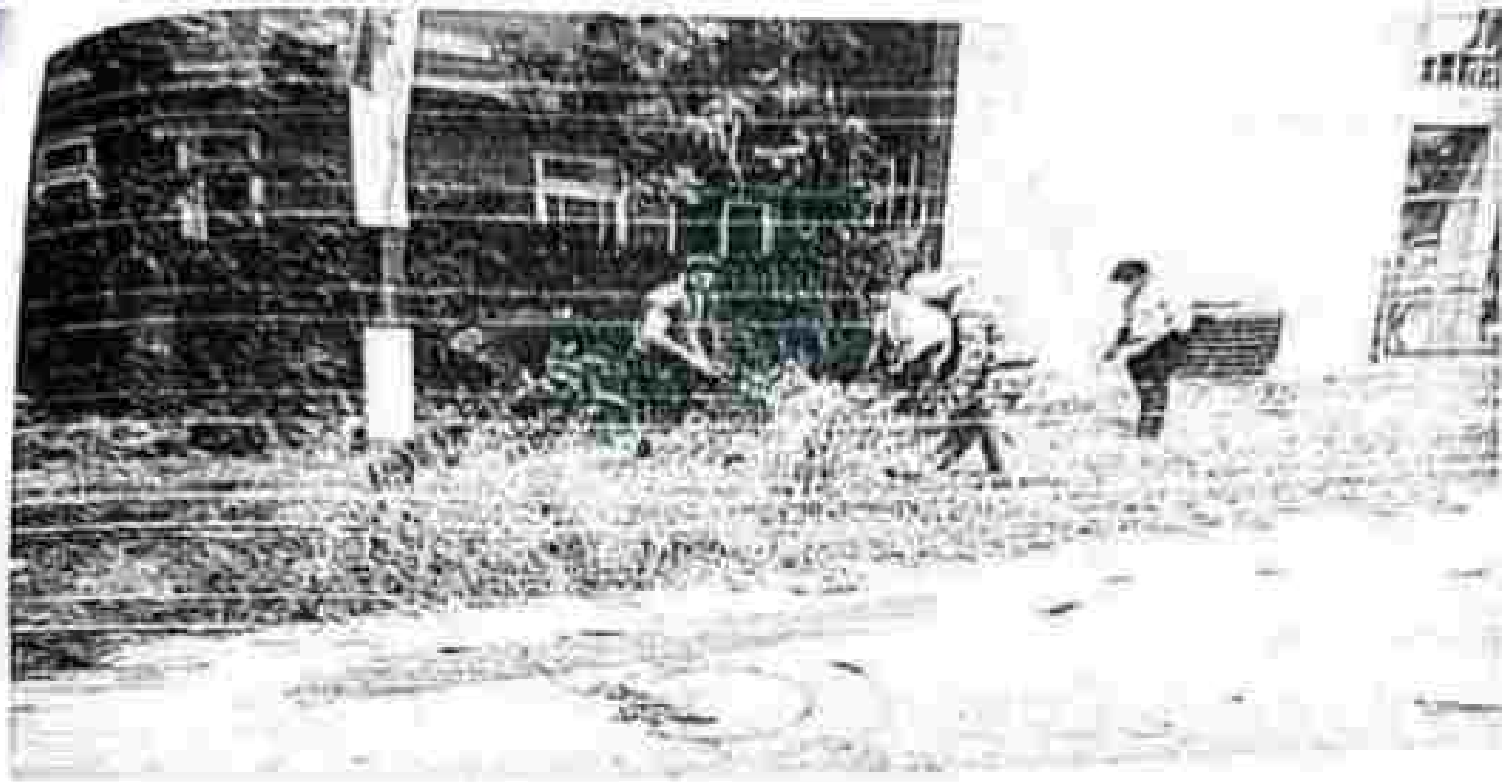


Educational Trust emphasized the importance of sanitization in nation building. He asserted that cleanliness is indispensable in building a healthy and sustainable future. Speaking on this occasion, Dr. Darshana Sharma, Director, Dogra Group of College, apprised the students about the historical

background of NSS. She further explained that NSS aims at developing students' personality through community service. Dr. Komila Aggarwal, Principal-In-Charge, Dogra Law College applauded the efforts of students and appreciated their zealous participation.

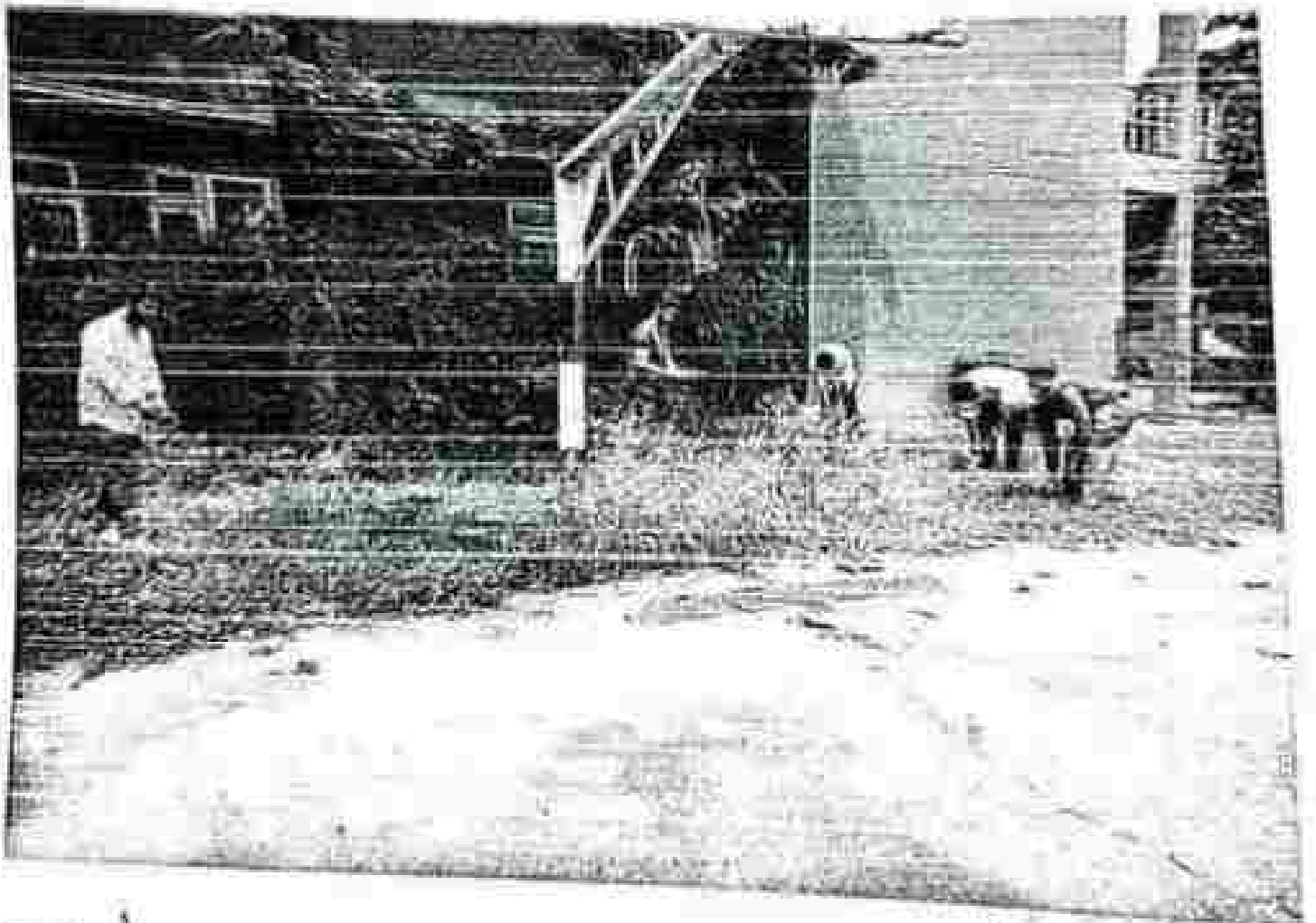
Principal
Dogra Law College
Jai Darshana, Sattu





7/21

V. D. M.
Principal
Dugri Law College
Hosi, Bikaner, Sindh



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P. H. ...
Dogra Law College
Rani Bheemara, Sambalpur

DOGRA LAW COLLEGE

Bani Kalan, Bari Brahmana, Samba

Ref: RADM-1/27/790/22

Date: 24/03/2022


CIRCULAR

It is to inform all 1st and 2nd Year NCC Cadets of Dogra Law College that NCC Unit of Dogra Law College is going to conduct sustained cleaning activity along Tawi River near Har ki Puri under the "Purset Sapta Abhyan" aiming to generate environmental education, information and awareness.



In view of above, all the 1st and 2nd Year NCC Cadets are directed to report in the college premises on 25.03.2022 i.e. Friday at 10:00 am sharp.

Note: All the 2nd Year NCC Cadets must appear proper uniform and 1st Year cadets should be in tracksuit.


CTO
Dogra Law College


Principal
Dogra Law College
- Principal
Dogra Law College
Bani Brahmana, Samba



DOGRA LAW COLLEGE

Hassi Kalan, Bari Brahmana, Samba

Ref No _____

Date: 01/04/2022


NOTICE

It is to inform all 1st and 2nd Year NCC Cadets of Dogra Law College that NCC Unit of Dogra Law College is going to conduct sustained cleaning activity along Tawi River near Har ki Pauri under the "Puneet Sagar Abhiyan" aiming to generate environmental education, information and awareness.

In views of above, all 1st and 2nd Year NCC Cadets are directed to report in the college premises on 02.04.2022 i.e. Friday at 09:00 am sharp.

Note: All the 2nd Year NCC Cadets must appear proper uniform and 1st Year cadets should be in tracksuit.


CTO
Dogra Law College


Dogra Law College
Principal
Dogra Law College
Bari Brahmana, Samba

Copy to:

1. Secretary, Dogra Educational Trust
2. Notice Board, Dogra Law College

- for information please
- for information of all the concerned



NO. 1001, 2014, GATEWAY

PH: 01922-228400, 229425, 229428
Email: principal@dogralawcollege.edu.in

DOGRA LAW COLLEGE

(A UNIT OF DOGRA EDUCATIONAL TRUST)

Affiliated to the University of Jammu & Approved by Bar Council of India
(Recognised by UGC Under Section 2(f) of the UGC Act 1956)

"MALUK BHAWAN", BASSI KALAN (BARI BRAHAMANA)

SAMBA (J&K) - 181133

No. R/ADM-01/90/7952/22

Date 21/03/2022


To
The Commanding officer
4 J&K NCC BN,
Jammu

Subject : Information for Conducting Cleaning Activity under "Punct
Sagar Abhiyan".

Respected Sir,

It is to inform to your goodself that NCC unit of Dogra Law College is going to conduct cleaning activity along Tawi river near Har Ki Pauri on 25.03.2022 at 11:00 am. We will feel pleasure if you spare some time to accompany us.

With Regards


Principal
Dogra Law College
Bari Brahma, Samba
Principal
Dogra Law College
Bari Brahma, Samba

RIVER CLEANING DRIVE ALONG TAWI RIVER UNDER "PUNEET SAGAR ABHIYAN" UNDER THE GUIDANCE OF 41&K NCC BN UNDERTAKEN BY BOYS (SD) UNITS OF DOGRA DEGREE COLLEGE & DOGRA LAW COLLEGE.

25/03/2022

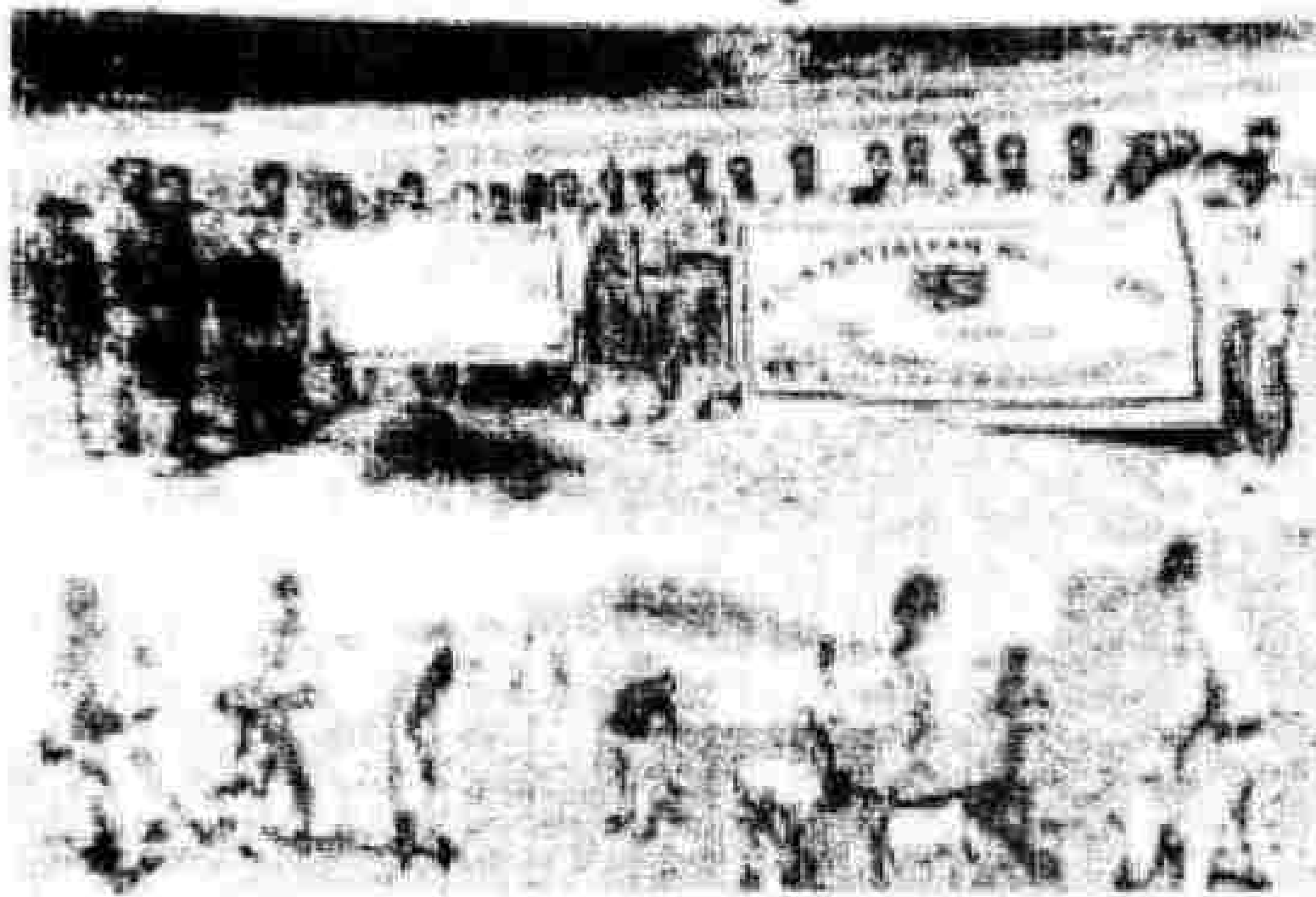
Bari Brahmana, Samba

NCC Unit of Dogra Degree College and Dogra Law College on behalf of 41&K NCC BN, have conducted a river cleaning drive in the Tawi River under "Puneet Sagar Abhiyan" situated near Har Ki Pauri - a prominent tourist place in Jammu city. 35 NCC Cadets carried out the cleaning drive by collecting single use plastic waste from the river and disposed-off the collected waste alongside the Temple complex under the guidance of Mr. Rishabh Bakshi CTO NCC, Dogra Degree College and Mr. Desh Bandu, CTO NCC, Dogra Law College.

Mr. Desh Bandu (CTO NCC) Dogra Law College further motivated young cadets to take earnest steps towards making the environment a better place to live and also made cadets aware about the importance of rivers in the nation's progress and encouraged the cadets to contribute towards a sustainable development.

(Signature)
Dogra Law College
Bari Brahmana, Samba

NCC Unit of Dogra Degree College and Dogra Law College conduct river cleaning drive in Tawi River



JAMMU, MAR 25

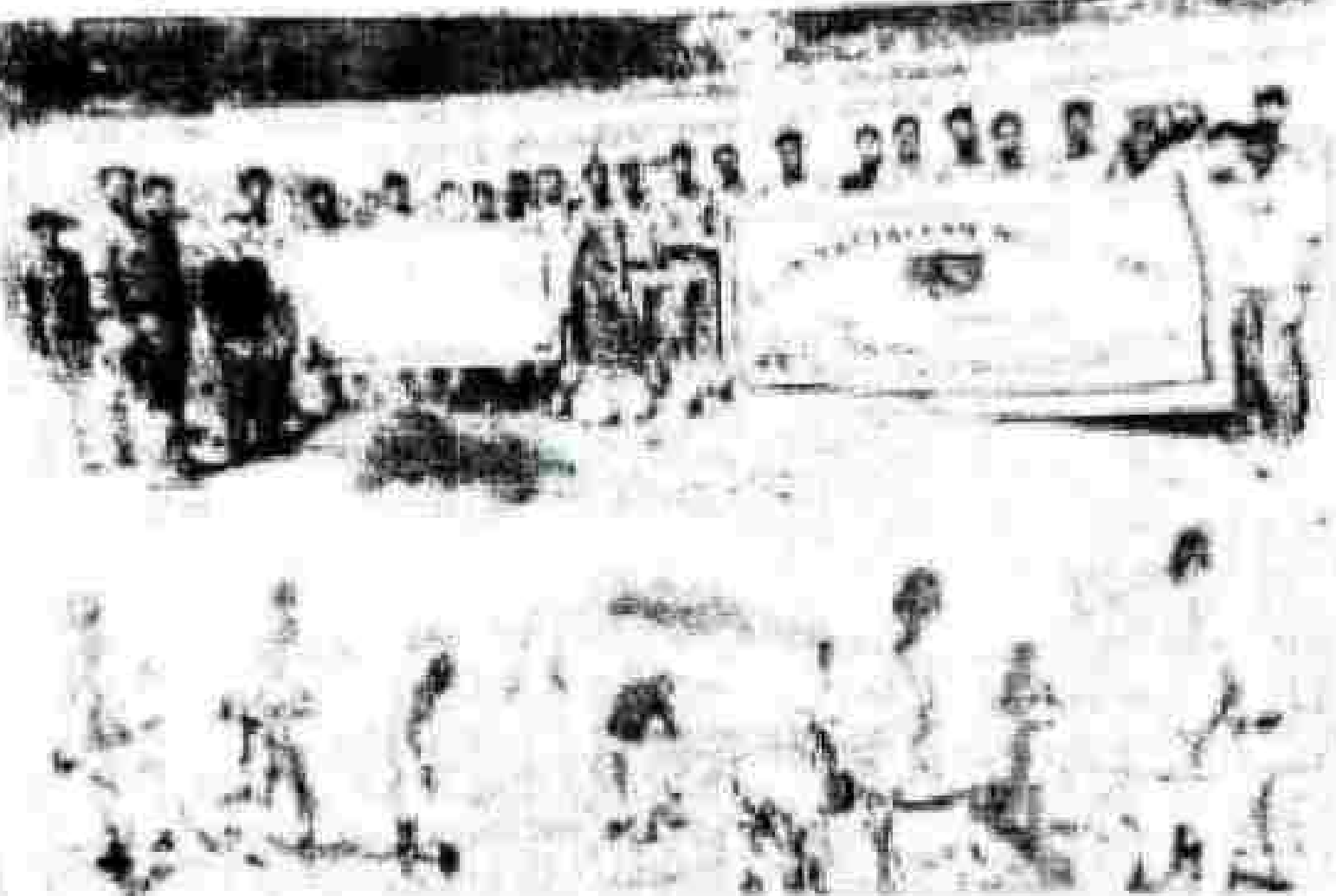
NCC Unit of Dogra Degree College and Dogra Law College led by Lt Col (P) S. S. Bhatia has organised a river cleaning drive at the Pooni River under the motto 'Save Our Environment' situated near the K1 Point, a prominent tourist place in Jammu city. 25 NCC cadets par-

ticipated in the cleaning drive by collecting single use plastic materials like cans and disposed off the collected waste alongside the temple complex under the guidance of Mr. Rakesh Bakshi (PTO) NCC, Dogra Degree College and Mr. Deep Bhandu (CPO) NCC, Dogra Law College. (Sub Editor: K. D. NCC) Dogra

Law College further motivated young cadets to take various steps towards making the environment a better place to live and also made college aware about the importance of rivers in the nation's progress and encouraged the cadets to contribute towards a sustainable development.

*Special
Dogra Law Center
Jammu, Jammu, India*

NCC Unit of Dogra Degree College and Dogra Law College conduct river cleaning drive in Tawi River



JAMMU, MAY 25

NCC Unit of Dogra Degree College and Dogra Law College conducted a river cleaning drive in the Tawi River today. Around 50 NCC cadets and 100 college students participated in the drive, which was held in the presence of the college authorities. The drive was aimed at cleaning the river banks and collecting waste. The NCC Unit of Dogra Degree College and Dogra Law College conducted a river cleaning drive in the Tawi River today. Around 50 NCC cadets and 100 college students participated in the drive, which was held in the presence of the college authorities. The drive was aimed at cleaning the river banks and collecting waste.

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RIVER CLEANING DRIVE ALONG TAWI RIVER UNDER "PUNEET SAGAR ABHIYAN" UNDER THE GUIDANCE OF 4 J&K NCC BN UNDERTAKEN BY BOYS (SD) UNITS OF DOGRA DEGREE COLLEGE & DOGRA LAW COLLEGE

02/04/2022

Bari Brahmana, Samba

Under the ongoing "Puneet Sagar Abhiyan" NCC Unit of Dogra Degree College and Dogra Law College on behalf of 4 J&K NCC Battalion conducted phase II of river cleaning drive in the Tawi River along the Hari Ki Pauri Stretch. As we know that Hari Ki Pauri is a prominent tourist place in Jammu city and is abuzz with religious festivities specially during the Navratras. Around 40 NCC Cadets took the initiative of cleaning the holy river Suryaputri (Tawi) by collecting the dumped waste. The waste mainly comprised of single use plastic waste, cloths, flowers & old household items from the river and disposed off the collected waste alongside the Temple complex under the guidance of Mr. Rishabh Bakshi CTO NCC, Dogra Degree College and Mr. Desh Bandu, CTO NCC, Dogra Law College. Along with the cleanliness drive, the volunteers also tried to create awareness amongst the people. "We reiterated to the people the importance of segregating the garbage before throwing it away. While we collected garbage from the riverside, we asked people to identify the particular items that could have easily contaminated the river," Mr. Desh Bandu added. Along with loads of plastic, Mr. Rishabh Bakshi added that huge amount of organic waste was also picked during the cleanliness drive. The NCC Cadets covered a stretch of over a Kilometer and collected 120 kgs of waste approximately.

Mr. Desh Bandu (CTO NCC) Dogra Law College further motivated young cadets to take earnest steps towards making the environment a better place to live and also made cadets aware about the importance of rivers in the nation's progress and encouraged the cadets to contribute towards a sustainable development.





OFFICE OF THE PRINCIPAL
DOGRA LAW COLLEGE

Barsi Kalan, Bari Brahmana, Samba

Ref No BLC/1624/21

Date: 04/10/2021

NOTICE

The NSS unit of Dogra Law College has decided to carry out "Swachh Bharat Abhiyan" on the occasion of Gandhi Jayanti to mark the birth anniversary of the Father of Nation and to promote his vision. All the students and NSS volunteers are required to carry out a cleanliness drive in their respective areas/localities and are further directed to show their active participation in the same.


NSS, Committee


Principal
Dogra Law College
Bari Brahmana, Samba

Copy to:

- 1. Secretary - for information please.
- 2. Notice Board -for information all concern.

F/ACM-01/18/00

Dogra Law College

Bari-Brahmana, Jammu

NSS Camp Schedule and Report

Organizing Committee of Camp Ms. Iram Javed and
Ms. Shuchi Sharma

Date of its Conduct: 04th Oct to 5th Oct 2021

Venue: Online through pictures

Theme: 'Swachh Bharat Abhiyan' - Cleanliness Drive.

Number of student Participated: 85

Schedule: NSS unit of Dogra Law College organised a cleanliness drive on the occasion of Gandhi Jayanti, where the students of B.A. LLB(5YK) & LLB(3YK), participated with the great zeal & enthusiasm.


Signature of Convener, NSS Committee


Principal
Dogra Law College
Bari Brahmana, Jammu

**DOGRA LAW COLLEGE
BARI-BRAHMANA, BANSI-KALAN
SAMBA**


Date: 24-09-2020

NATIONAL SERVICE SCHEME

NOTICE

This is to inform the students of BA.LL.B 5 Years and LL. B 3 Years that on the eve of NSS day, the NSS committee has decided to organize a Plantation drive on 24th of September, 2020. Students willing to participate will plant a tree in any suitable area of their home or place of work and will share the photographs of the same with their name, semester, year and class Roll.no. on WhatsApp with their Guardian teachers till 25th September, 2020 up to 3 pm. All the Participants will be provided with online NSS certificate.


NSS Coordinator
Dogra Law College


Principal
Dogra Law College

Copy to:
Secretary (DLCL) for Information Please
Section Office (DLCL) P.O. 100011

F/ACM - 01/10/20

Dogra Law College

Bari-Brahmana, Jammu

NSS Camp Schedule and Report

Organizing Committee of Camp: Mr. Ramesh Bali (Convener),
Mr. Esha Gupta (Member), Mr. Arushi
Wadhwa (Member)

Date of its Conduct: 24th & 25th of September, 2020

Mode: Virtual

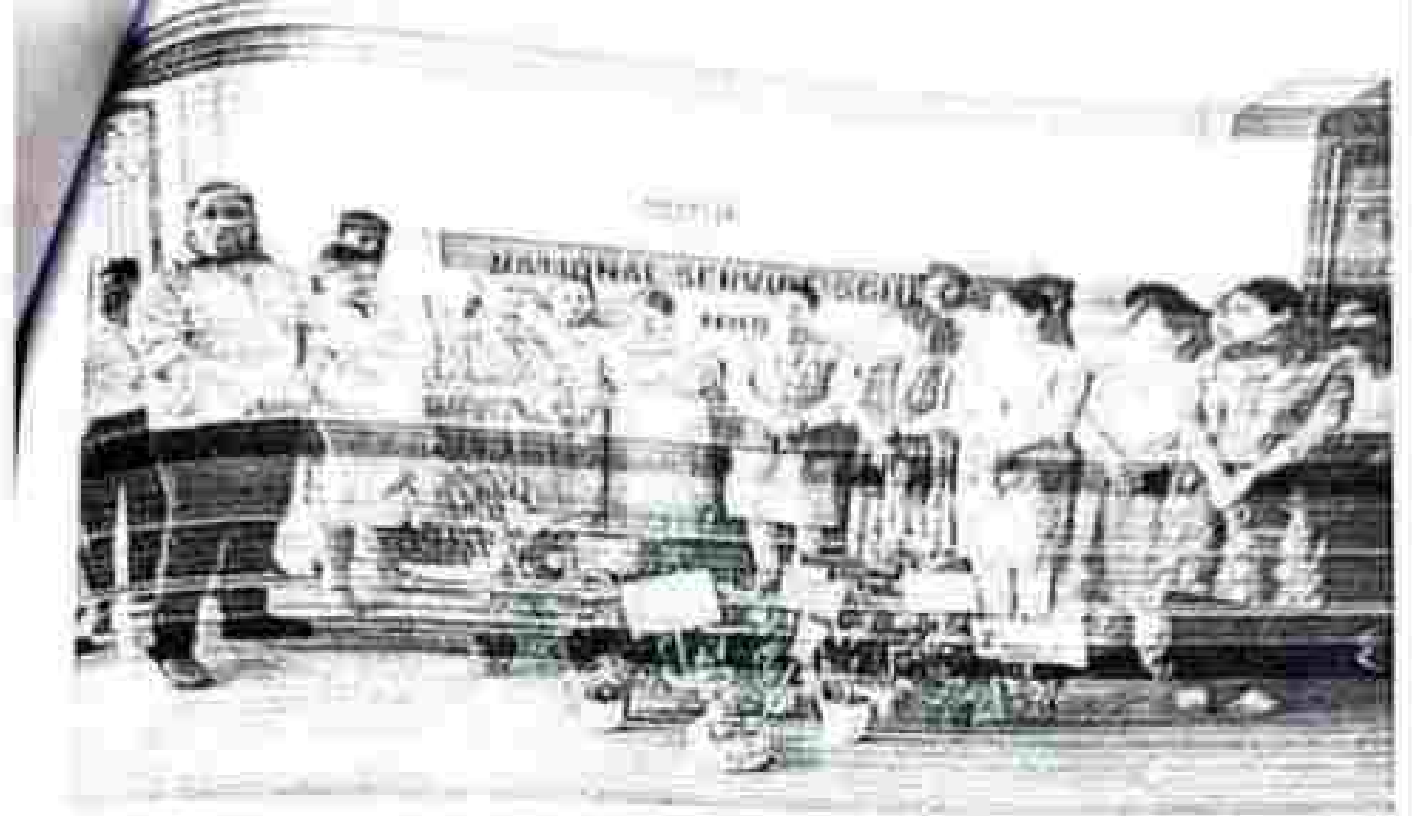
Name: Plantation drive

Number of student Participated: 13

Schedule: A Plantation drive was conducted
on 24th - 25th of Sept. 2020 on the occasion
of 24th day. Thirteen students from
different Semesters had participated and
store their photos while planting a plant
in their homes.

Signature of Convener, NSS Committee

Principal
Dogra Law College



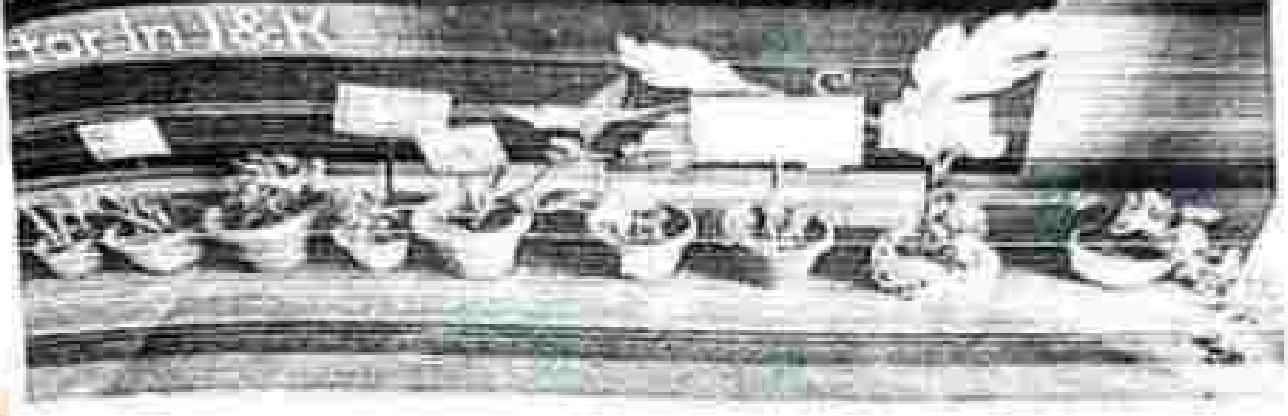


Principal
Dogra Law College
Ban, Jammu, S. J. K.

COLLEGE

Legal education in private

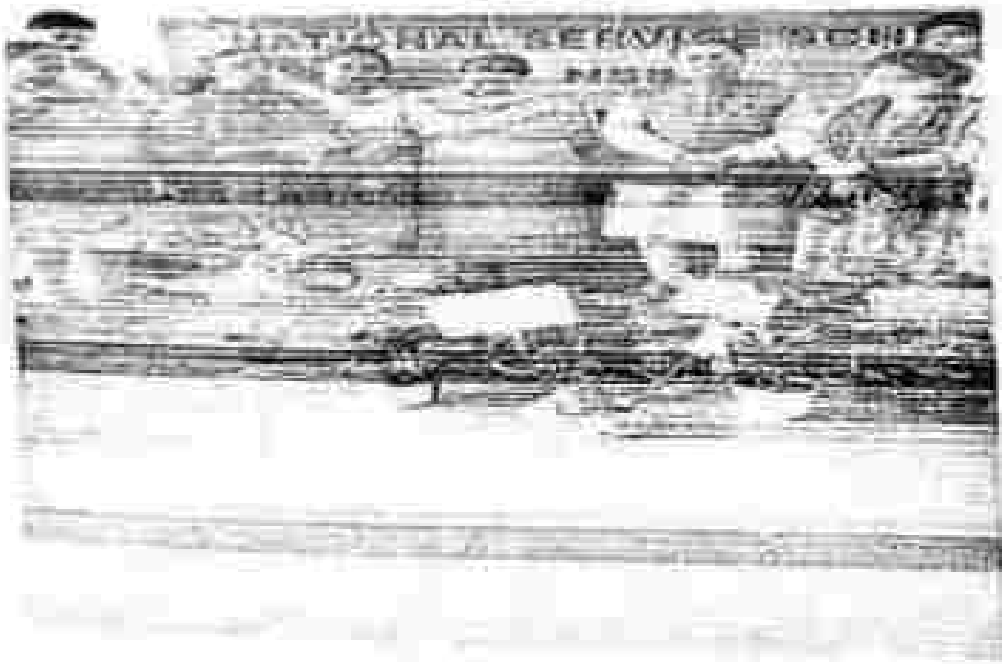
For the 18th



EXHIBIT

NATIONAL SERVICE PROJECT

1958




Principal
Dogra Law College
Bath Chandana, S.A. 14

Dogra Law College

Bassi Kalan, Bari Brahmana, Jammu

REPORT

Plantation Drive Organized by NSS Unit of Dogra Law College

Samba, 10-10-2018

NSS unit of Dogra Law College organized a plantation drive by NSS volunteers and faculty members in the College Campus under the able guidance of Mr. Ramnik Bai, NSS programme Co-ordinator. Prof. V.P. Magotra, Principal, Dogra Law College motivated the students to take earnest steps towards making the environment a better place to live in and he also appreciated the efforts of volunteers to make this drive successful. He further said that it is not only the duty of a person but all of us to put efforts in order to make environment neat and clean. The drive involved planting of various aboriginal saplings of authentic value. It was rather an attempt to educate the volunteers to create and maintain pollution free environment by planting more trees. Thus, the drive concluded with a motivational spirit among the volunteers. The students of college enthusiastically participated in the plantation drive.


Principal
Dogra Law College
Bari Brahmana, Jammu

Dogra Law College

Bari-Brahmana, Jammu

NSS Camp Schedule and Report

Creating Committee of Camp, NSS Committee and other
Faculty Members of Dogra Law College.

Date of the Camp: 10-10-2016.

Venue: Students' Parking Area of Dogra Educational Trust
near Pankajon Dine.

Number of Students Participated: 15.

Among Students of BA-1B 5 Year and LLB 3 Year

had participated. They voluntarily brought

plants with them on the said date which

they planted in the area. The motto behind the

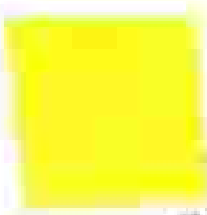
entire initiative was to aware the students about
the importance of healthy environment.

Signature of Convener, NSS Committee


14/10/16

Director / Principal


Principal,
Dogra Law College
Bari-Brahmana, Srinagar.



CONTROLLED COPY
Copy No. 07

DATE: 20/06/2019

Dogra Law College

Bari-Brahmana, Jammu

Extra-Curricular Activity and Report

Name of the activity: 5th Free yoga Camp

Date of the activity: 2nd June 2019

Venue: DLC Auditorium

A free yoga camp was organized by the Central University Jammu (Jammu) in the premises of Dogra Law College auditorium. The Resource person Mr. Dr. Chandray emphasized on the need of yoga in day-to-day life. He further acquainted the students and the staff members of DLC with different "kinds of yoga" and their usefulness to relieve the stress.

Ajla Gupta
Signature of Faculty Concerned

V.R. Singh
Director cum Principal
Principal
Dogra Law College
Bari-Brahmana, Saran, J.

Yoga Camp organised at Dogra Law College



STATE TIMES NEWS

JAMMU: Yoga Centre of central university of Jammu (CUJ) organised a yoga camp at Dogra Law College in which students, members of faculty and staff of Dogra Group of Colleges took part.

A team of central university headed by Dr. D.L. Choudhary, Director, Yoga Centre organised the camp.

Dr. P.C. Jain, a noted yoga expert, conducted the yoga

session. He also stressed on the importance of yoga and expressed his views.

He also mentioned benefits of yoga and expressed, "We should adopt yoga as a way of life." He said that yoga is important to follow for an individual and makes us feel relaxed and stress-free.

The function concluded with a vote of thanks by Prof. V.P. Srivastava, Principal, Dogra Law College.

Yoga Camp organized at Dogra Law College



NT news service

JAMMU, June 8: Yoga centre of central university of Jammu organised a yoga camp at Dogra Law College in which students, members of faculty and staff of Dogra Group of Colleges took part. A team of central university headed by Dr. D.L. Choudhary, Director, yoga centre organized the camp.

Dr. P.C. Jain, a noted yoga expert, conducted the yoga session while Dr. Manoj Tiwari demonstrated different yoga

exercises. Dr. P.C. Jain expressed, after the benefits of yoga and expressed that we should adopt yoga as a way of life for healthy and that yoga is important to follow for an individual.

The function of yoga concluded with a vote of thanks by Prof. V.P. Srivastava, Principal, Dogra Law College.

This programme was conducted by the organizers.

Dogra Law College
Jammu

CONTINUED COPY
Page No. 09

DATE: _____

Dogra Law College

Bari-Brahmana, Jammu

Extra Curricular Activity and Report


Name of the student: Sikandar Singh

Date of completion: 31st Jan 14

Name: DET

During the teaching and non-teaching staff of all the
Law Colleges of DET assembled and participated
in Yoga Day by organizing a Yoga Camp. Entire
staff participated and performed few basic
asanas and breathing techniques which was
thoroughly enjoyed by all.


Signature of Teacher Concerned


Director cum Principal
Principal
Dogra Law College
Bari-Brahmana, Jammu

Yoga Day Celebrated at Dogra Group of Colleges



DN CORRESPONDENT
JAMMU, JUNE 21

The 1st session of International Yoga Day on 21st June 2019, at JAMMU and was attended by staff Dogra College of Education, Dogra Law College, Dogra Degree College, Jammu. The programme was held at Dogra Law College and attended by

Yoga Day by organising a yoga camp. Secretary Dogra Educational Trust, Dr. Sumitran Singh Chank highlighted the importance of Yoga. He gave essential health tips for healthy life and to maintain healthy life style. Event staff participated and performed low back stretch and breathing

and techniques. Speaking on the occasion, Dr. N. P. Puri, Director, Jammu Educational Trust, also highlighted the importance of yoga's physical, mental, emotional, spiritual, and social benefits. The event was a great success and carried forward the message and importance of yoga to all by them and their families.

STATE TIMES

Saturday • June 22, 2019

STATE TIMES

JAMMU, JUNE 21 The 1st session of International Yoga Day on 21st June 2019, at JAMMU and was attended by staff Dogra College of Education, Dogra Law College, Dogra Degree College, Jammu. The programme was held at Dogra Law College and attended by Secretary Dogra Educational Trust, Dr. Sumitran Singh Chank highlighted the importance of Yoga. He gave essential health tips for healthy life and to maintain healthy life style. Event staff participated and performed low back stretch and breathing techniques. Speaking on the occasion, Dr. N. P. Puri, Director, Jammu Educational Trust, also highlighted the importance of yoga's physical, mental, emotional, spiritual, and social benefits. The event was a great success and carried forward the message and importance of yoga to all by them and their families.

The teaching and non-teaching staff of Dogra College of Education, Dogra Law College, Dogra Degree College participated in large number and celebrated 21st June day by organising a yoga camp. Secretary Dogra Educational Trust, Dr. Sumitran Singh Chank highlighted the importance of Yoga. He gave essential health tips for healthy life and to maintain healthy life style. Event staff participated and performed low back stretch and breathing techniques.

V. P. Singh
Principal
Dogra Law College
Jammu, Jammu, Jammu

INTERNATIONAL YOGA DAY

PROGRAM SCHEDULE

Date: 21st June 2021

The power and relevance of yoga during pandemic

S.No	Activity Conducted
1	Yoga Awareness Dr. Kamila Aggarwal
2	Benefits of Yoga (COVID 19) Ms. Shuchi Sharma Mr. Rameek Baid
3	Paper Presentation on Benefits of Yoga during pandemic Ms. Prachi Sharma
4	Shutter Stock Asana Ms. Diya Majotra
5	Meditation & Kapal Bharti Asanas Ms. Prachi Sharma
6	Om- Vitam/ Tree pose/ Cowpose/ Kapal Bharti Asanas Ms. Megha Chauhan
7	Gomukh Asana Ms. Vanshika Balgotra
8	Concluding Remarks Ms. Arushi Khajuria


YOGA LAKSHYA GROUP
B-10, Sector-10, Gurgaon, Haryana

NOTICE

Reference No. D.L.C/1525C/30/06/2021

Date: 28/06/2021

Name of Activity: International Yoga Day

Date: 21st June 2021

Mode: Virtual Activity

"Health is Wealth"

Dogra Law College is going to organize a virtual activity on occasion of International Yoga Day. All students are directed to participate voluntarily in virtual yoga activities on topic "The Power And Relevance of Yoga During Pandemic". Kindly forward your name to your respective Guardian Teachers by 30th June 2021.


Dean Law College


Principal
Dogra Law College
Bani Brahmana, Srinagar

Desain
Korset
Korset



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Om Vibou
Megha Chichan



Meditation
Kapal Bharti



Om Vibou
Megha Chichan

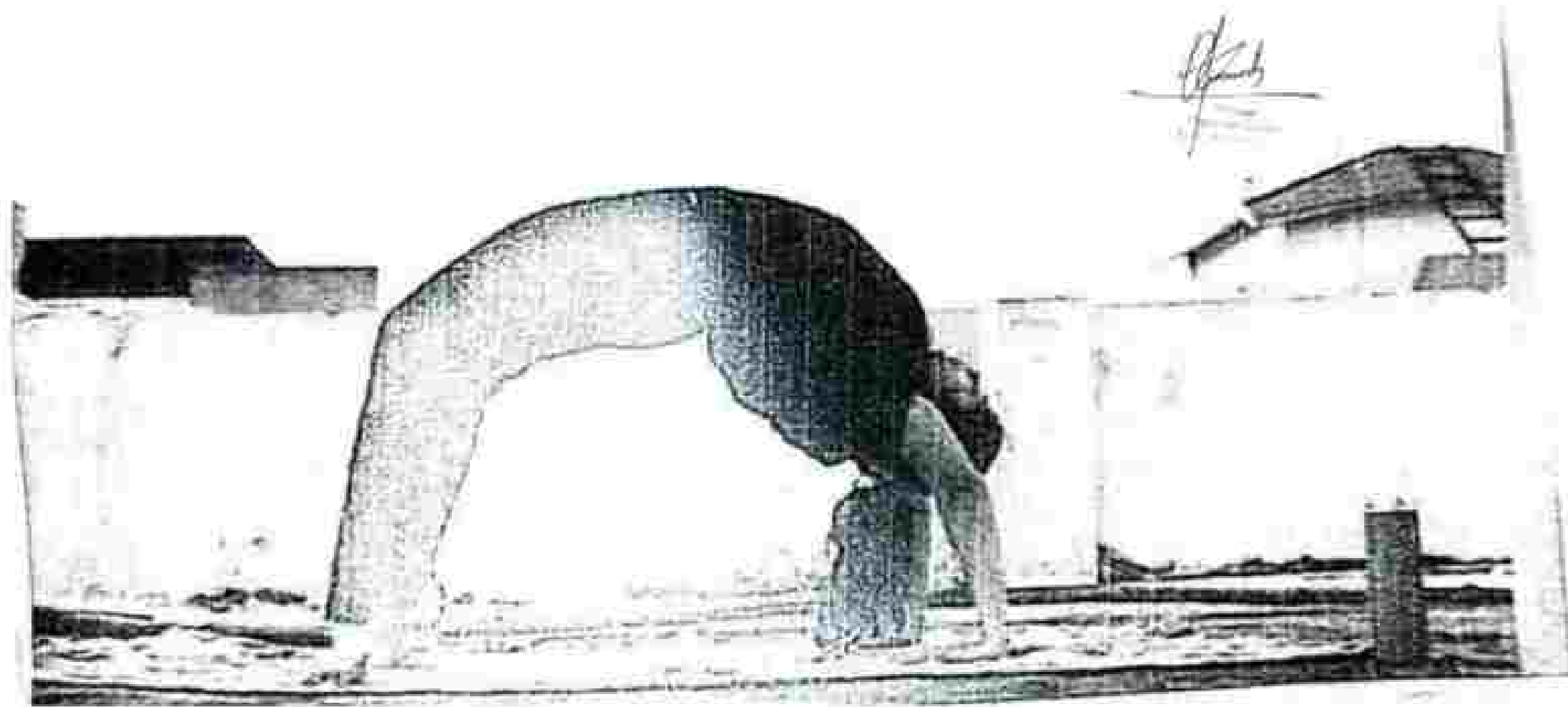


Cowdara

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Chatter Stock of Spain
Digo Majilla



**NCC Cadets of Dogra Degree College & Dogra Law College
Visit to Balidan Stambh to pay homage to Kargil War Heroes**

26th of July 2022
Jammu

NCC unit of Dogra Degree College & Dogra Law College on behalf of 4 J&K BN paid homage to the National War Heroes at war memorial (Balidan Stambh) on occasion of "Kargil Vijay Divas". Kargil Vijay Divas is commemorated on 26th July every year to observe Indian's victory over Pakistan. The day is a symbol of bravery, courage and sacrifice of our armed forces.

More than 30 Cadets of Dogra Degree College & Dogra Law College visited Balidan Stambh to pay homage to the Martyr of Kargil War. The Cadets also got a chance to meet Sub. Major Y. P Sharma (Sena Medal) 13 J&K Rifle, who while interacting with the Cadets shared his journey and the role he played in the Kargil War. Further CTANO Mr. Dush Bandu & Mr. Rishabh Bakshi discussed the chronicles of sacrifices, passion, bravery and courage of our soldiers that makes us proud but also leaves the eyes a little moist. The NCC Cadets paid floral tributes to the martyred soldiers.

On Kargil Vijay Divas, India salutes the bravery of our armed forces. They fought valiantly in extremely harsh condition to defend our motherland. Their act valour and spirit will remain etched forever as a defining movement in Indian's history. The NCC Cadets and their CTANO were overwhelmed and filled with patriotic fervor after visiting the Balidan Stambh.



NCC Cadets of Dogra Degree College & Dogra Law College Visit to Balidan Stambh to pay homage to Kargil War Heroes

JAMMU, JULY 26

NCC unit of Dogra Degree College & Dogra Law College on behalf of J&K BN paid homage to the National War Heroes at a memorial (Balidan Stambh) on occasion of Kargil Vijay Diwas. Kargil Vijay Diwas commemorated on 26th July every year to observe India's victory over Pakistan. The day is a symbol of bravery, sacrifice and success of our armed forces.

More than 30 Cadets of Dogra Degree College & Dogra Law College visited Balidan Stambh to pay homage to the Martyrs of War. The Cadets also got a chance to meet Sub. Major Y. P. Saha (Medal) of J&K BN while interacting with him. His journey played a

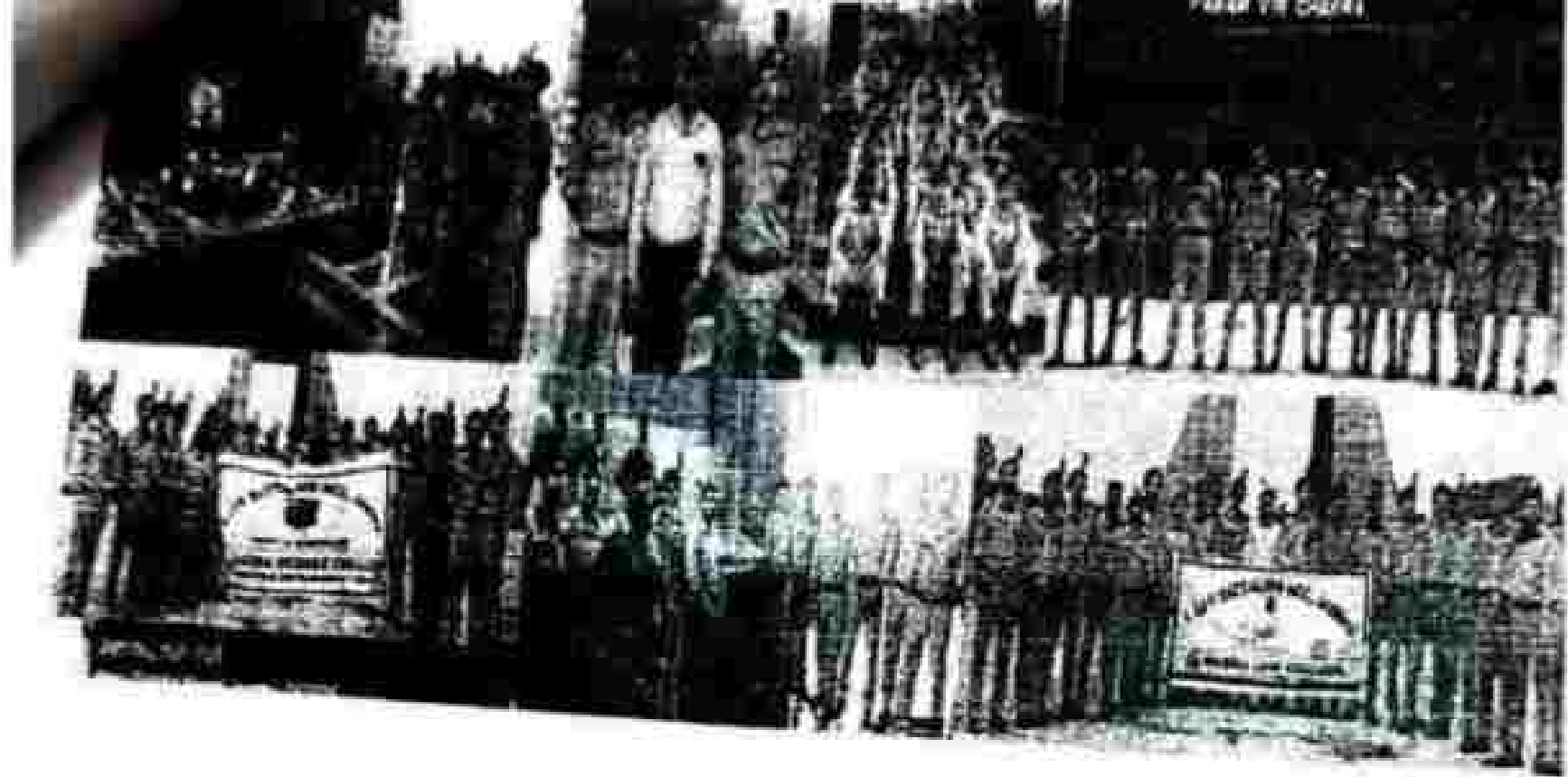
key role in the Kargil War. Further CTANO Mr. Dush Bani & Mr. Rishabh Bhatia discussed the chronicles of sacrifices, passion, bravery and courage of our soldiers that makes us proud but also leaves a bitter taste in our hearts. The NCC

Cadets paid floral tributes to the martyred soldiers.


On Kargil Vijay Diwas, India salutes the bravery of our armed forces. They fought valiantly in extremely harsh condition to defend our motherland. Their act

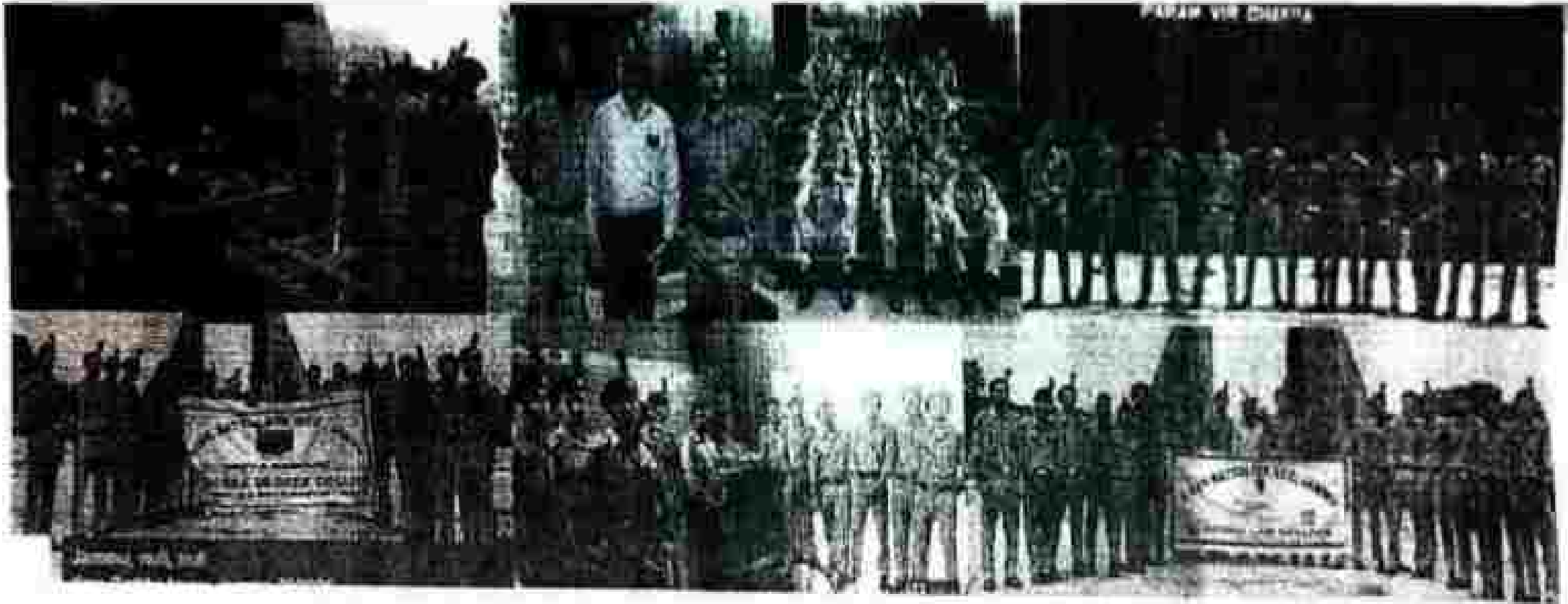
of valour and spirit will remain etched forever as a defining moment in Indian's history. The NCC Cadets and their CTANO were overwhelmed and filled with patriotic fervor after visiting the Balidan Stambh.





NCC Cadets of Dogra Degree College & Dogra Law College visit to Balidan Stambh to pay homage to Kargil War Heroes on 26th of July 2022. Kargil Vijay Divas is commemorated on 26th July every year to observe Indian's victory over Pakistan. The day is a symbol of bravery, courage and sacrifice of our armed forces. The Cadets also got a chance to meet Sub. Major Y. P Sharma (Sena Medal) 13 JAK Rifle, who while interacting with the Cadets shared his journey and the role he played in the Kargil War. More than 30 Cadets of Dogra Degree College & Dogra Law College visited Balidan Stambh to pay homage to the Martyr of Kargil War. Further CTO/ANO Mr. Desh Bandu & Mr. Rishabh Bakshi discussed the chronicles of sacrifices, passion, bravery and courage of our soldiers that makes us proud but also leaves the eyes a little moist. The NCC Cadets paid floral tributes to the martyred soldiers.

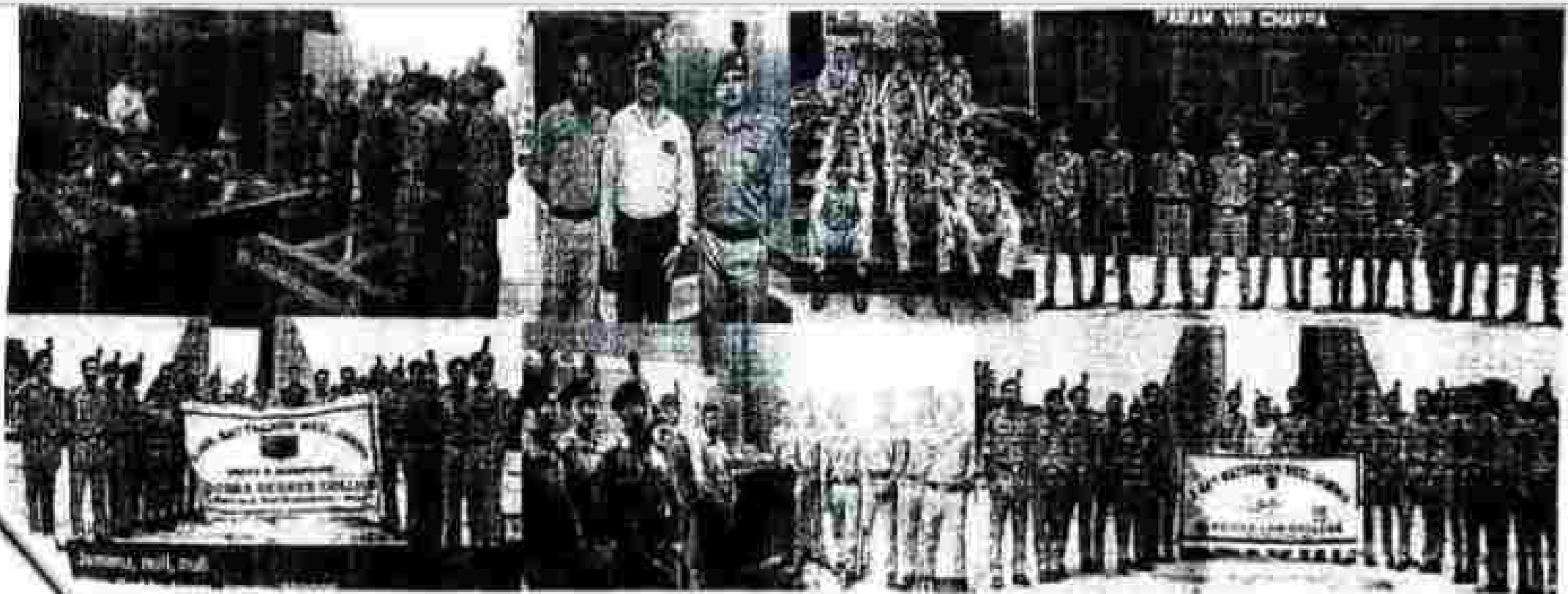

Dogra Law College
Jammu, Jammu & Kashmir



Kazan Vijay Dinak

Date - 26 July, 2022





Kautil Vijay Diwal

Date - 26 July, 2022

NCC Cadets of Dogra Degree College & Dogra Law College Visit to Balidan Stambh to pay homage to Kargil War Heroes

JAMMU, July 26
 NCC cadets of Dogra Degree College & Dogra Law College on Sunday at a JAR RV paid homage to the National War Heroes at the National Balidan Stambh in honour of 'Kargil Vijay Diwas'. Kargil Vijay Diwas is commemorated on 26th July every year to honour India's victory over Pakistan. The day is a symbol of bravery, courage and sacrifice of our armed forces.

More than 20 Cadets of Dogra Degree College & Dogra Law College visited Balidan Stambh to pay homage to the Martyrs of Kargil War. The Cadets also got a chance to meet Gen. Kuldip Singh (AR) who is the Medalist of JAR RV. The cadets were accompanied by Lt. Colonel who is the party leader. He stayed in the



Kargil War. Further UTANO Mr. Dinesh Bhandu & Mr. Kishan Lalika discussed the circumstances of sacrifice, passion, bravery and courage of our soldiers that makes us proud but also leaves his eyes a little moist. The NCC

Cadets paid floral tributes to the martyred soldiers.

On Kargil Vijay Diwas, India salutes the bravery of our armed forces. They fought valiantly in extremely harsh conditions to defend our motherland. Their act

of valour and spirit will remain etched forever as a defining moment in India's history. The NCC Cadets and the UTANO were overwhelmed and filled with patriotic fervor after visiting the Balidan Stambh.

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Page No. 1/1

Dogra Law College

Bari-Brahmana, Jammu

NSS Programme Schedule and Report

Organizing Committee of Programme: Mr. Jyoti Suresh (Coordinator)
Ms. Kishorika Devi (Member)

Date of its Conduct: 12.03.2022

Venue: Sampriti Health Vaccination Centre, Bari-Brahmana

Theme: Fight Against COVID-19

Number of students participated: 8

Schedule: The Dogra Law College has provided free accommodation to the Health Department for setting up Sampriti Health Vaccination facilities in the building of DLS, Bari-Brahmana to assist in efforts to minimize the risk of prevalence of COVID-19. The Gulchaim Singh Chahal (Chairman), DLS envisaged the accommodation a large number of students of Dogra Group of Colleges participated in the event.

Signature of Convener, NSS

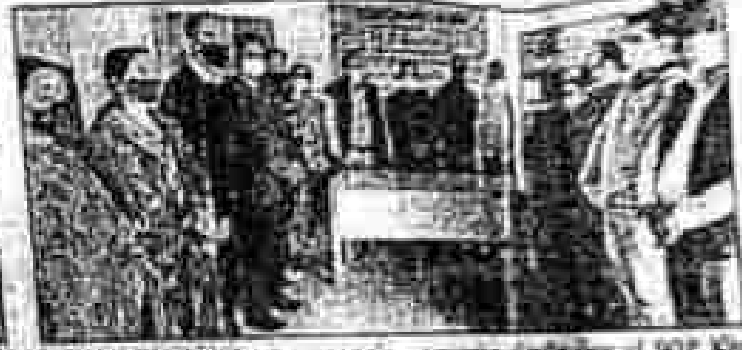
Signature
Doga Law College
Bari-Brahmana

MONDAY, MARCH 14, 2022

Dogra Herald, Jammu

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Government provides free accommodation for establishing a Sampling/Testing and Vaccination Centre by Health Department at Bari Brahmana to facilitate the efforts to minimize the risk of recurrence of Covid 19 waves



Government is providing accommodation, furniture and water to Covid-19 centre.

The Government has provided free accommodation for establishing a Sampling/Testing and Vaccination Centre by Health Department at Bari Brahmana to facilitate the efforts to minimize the risk of recurrence of Covid 19 waves.

The Government has provided free accommodation for establishing a Sampling/Testing and Vaccination Centre by Health Department at Bari Brahmana to facilitate the efforts to minimize the risk of recurrence of Covid 19 waves.

Free services were provided by the Dogra Sahitya Kendra.

- I) SOPs for speedy services
- ii) Making
- iii) Facilities
- iv) Sign
- v) Information pamphlet
- vi) Staff Bus for transportation
- vii) Water of GMC Jammu
- viii) Ambulance for use by needy persons
- ix) Distributing water bottles at Covid-19 centre
- x) Free patients for medical services.

The further declared that during the peak period of the second wave of the pandemic, the Dogra Sahitya Kendra established contacts with the

responsible authorities to ensure smooth flow of services and to be provided to the public employees at Dogra Hall, Lakshmi Narayan and Sri Lal Bahadur Shastri. The Government has provided free accommodation for establishing a Sampling/Testing and Vaccination Centre by Health Department at Bari Brahmana to facilitate the efforts to minimize the risk of recurrence of Covid 19 waves.

Government has provided free accommodation for establishing a Sampling/Testing and Vaccination Centre by Health Department at Bari Brahmana to facilitate the efforts to minimize the risk of recurrence of Covid 19 waves.

ing the health infrastructure in effect... The Government has provided free accommodation for establishing a Sampling/Testing and Vaccination Centre by Health Department at Bari Brahmana to facilitate the efforts to minimize the risk of recurrence of Covid 19 waves.

The Government has provided free accommodation for establishing a Sampling/Testing and Vaccination Centre by Health Department at Bari Brahmana to facilitate the efforts to minimize the risk of recurrence of Covid 19 waves.

5/11/2022/18/22

Dogra Law College

Bassi Katra, Bari Brahmana, Jammu

NSS FEEDBACK FORM

Date 12.05.22

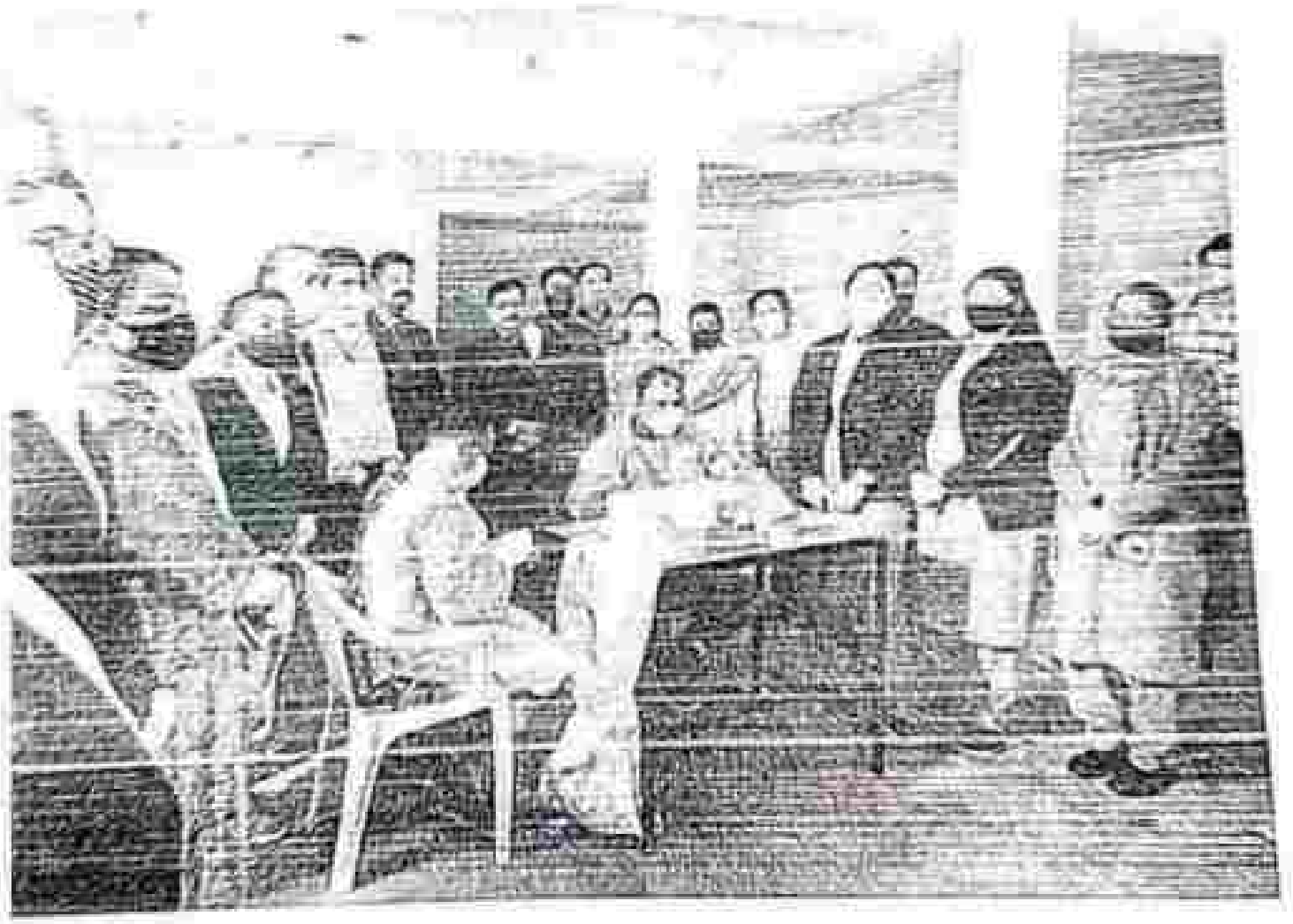
Attendance Sheet

S.NO	NAME OF THE VOLUNTEERS	SIGNATURE
01	Khushi Gupta	
02	Ayishpreet Singh	
03	Simran Chib	
04	Priyal Jain	
05	Darsh TAR	
06	Chlovia Tripathi	
07	Ananya Duggal	
08	DEEPAK HANU	
09		
10		
11		
12		
13		
14		
15		
16		
17		

Remarks: The Dogra Sabha Kendra, Katra, Jammu, Jammu & Kashmir, accompanied by the Health Department, Jammu, for setting up a health camp. The Dogra Sabha Kendra, Katra, Jammu, Jammu & Kashmir, is a voluntary organization that has been participating in the social welfare activities since its inception. The Dogra Sabha Kendra, Katra, Jammu, Jammu & Kashmir, is a voluntary organization that has been participating in the social welfare activities since its inception. The Dogra Sabha Kendra, Katra, Jammu, Jammu & Kashmir, is a voluntary organization that has been participating in the social welfare activities since its inception.

Principal
Dogra Law College
Bari Brahmana, Jammu

1950



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OFFICE OF THE PRINCIPAL
DOGRA LAW COLLEGE

Bassi Kalan, Bari Brahmana, Samba

Ref. No. DLC/1916/22

Date: 25/02/2022

CIRCULAR

This is for the information of students that Dogra Law College is going to organize a Guest Lecture on topic "Dietary Habits and its Consequences". The resource person on this day is Dr. Adnan Rafiq, MD, DNB, (Gastroenterologist)

All the students of Dogra Law College are required to attend the lecture and get benefits from the information regarding your health issues and remedies.

Air/Concerned

[Handwritten signature]
Neha
Ramesh

[Handwritten signature]
Principal
Dogra Law College
Dogra Law College
Bari Brahmana, Samba

Dogra Law College

ESTD 1982

Extra Curricular Activity and Report

Topic: Lecture on Healthy Habits and its consequences

Date: 20/02/2022

Remarks:

Dr. Arshad Rafiq was the speaker. He elaborated the concept and importance of a balanced diet in order to treat various life-style related diseases. He encouraged students to lead a healthy life and always try to engage in physical activities.

Signature of Teacher Arshad Rafiq
 20/02/2022

Signature of Student [Signature]
 Date 20/02/2022

17/02/2023

Dogra Law College

Bari-Brahmana, Jammu

NSS Programme Schedule and Report

Organizing Committee of Camp Mr. Iqram Javed (Convener)
Mr. Siddharth Kaur (Member)

Date of its Conduct: 26th Feb 2023

Venue: College Auditorium

Theme: "Dietary Habits & its Consequences"

Number of student Participated: 120

Schedule: Dogra Law College organized a health aware

one lecture on "Dietary Habits & its Consequences"

The purpose of this lecture was to enlighten the stud-

ents about the importance of diet. Dr. Adnan Rafiq,

MD, MS (Gastroenterology) was the special guest, gave

his valuable insight on the topic. Further, The Gulabani

Singh Charak, Member Minister & Chairman, DFT emphasized

on Dietary Habits & presented memento to the Special

Signature of Convener, NSS Committee

A. Prakash
Date: 26/02/2023

Dogra Law College
Bari-Brahmana, Jammu

DOGRA LAW COLLEGE

Dassi Kalan, Distt. Bhatnagar, Punjab

PRESS RELEASE

Dogra Law College organizes a Health Awareness Lecture

Topic – Dietary Habits and Its Consequences

Dogra Law College organized a health awareness lecture on "Dietary Habits and Its Consequences". The purpose of this lecture was to enlighten the students about the importance of diet. Numerous factors influence dietary habits, which naturally affect people's nutritional status. Food preferences, culture and religious expectations, genetic and other medical conditions, and social factors like personal finances factor into people's dietary habits and nutritional status. Various interventions and modifications aiming at promotion of healthy eating behavior has limited impact due to insufficient understanding of dietary habits among different age groups.

The objective of this lecture was imparting knowledge about dietary habits. Dr. Adnan Rafiq, MD, DNB (Gastroenterologist), was the Special Guest. He elaborated on the concept and importance of a balanced diet in order to tackle various life style related diseases. He encouraged the students to lead a healthy life and engage in regular physical activities. He also laid stress on taking nutritional deficiencies more seriously. Further, Thakur Gulchaur Singh Charak, Former Minister and Chairman of Dogra Educational Trust emphasized upon the importance of dietary habits and how it is a key component in improving health.

The event started with the lighting of the lamp by all the dignitaries and evoking the blessings of almighty. This was followed by handing over of shillings to Dr. Adnan Rafiq, MD, DNB and Thakur Gulchaur Singh Charak, Former Minister and Chairman of Dogra Educational Trust as a token of gesture. Ms. Iqbal Javed, Convenor, NSS Unit of Dogra Law College, gave the welcome address. The stage was managed by Ms. Bhoomi Thapar, first year student, Dogra Law College.

A memento was presented to Dr. Adnan Rafiq by Thakur Gulchaur Singh Charak, Chairman, Dogra Educational Trust, Kulwar Gurdhara Distt. Singh Charak (Former Minister, Dogra Educational Trust), Principal, Dogra Law College as a token of gratitude.


Thakur Gulchaur Singh Charak
Chairman, Dogra Educational Trust
Kulwar Gurdhara Distt. Singh Charak
(Former Minister, Dogra Educational Trust)



by Vote of Thanks by Ms. Mehak Fatima, Lecturer, Dogra Law College. The event was concluded with National Anthem.

A handwritten signature in black ink, written over a horizontal line. The signature is stylized and appears to be 'Mehak Fatima'.

Lecture on 'Dietary Habits and its Consequences' organised

Excelsior Correspondent

USMNU, Udaipur. There was a lecture organized on health awareness factors on 'Dietary Habits and its Consequences' here today.

The purpose of the lecture was to enlighten the students about the importance of diet.



Former Minister Gulchain Singh Charak presenting a memento to Dr Adnan Rafiq at Dogra Law College Bari Brahmna.

Numerous factors influence dietary habits, which naturally affect people's nutritional status.

Dr. Adnan Rafiq, MD, DNB (Gastroenterologist), was the special guest, while Gulchain Singh Charak, former Minister and chairman of Dogra Educational Trust chaired the event.

While addressing the gathering, Dr Adnan Rafiq emphasized upon the importance of dietary habits and how it is a key component in improving health. He also appreciated the organizer of Dogra Law College for thinking

of the health and awareness awareness. He also appreciated the organizers of the event.

Dr Adnan Rafiq, MD, DNB, emphasized the importance of a balanced diet to tackle various lifestyle related diseases. He encouraged the students to lead a healthy life and engage in regular physical activities. He also laid stress on taking nutritional deficiencies more seriously.

The event started with the lighting of the lamp by all the dignitaries. This was followed by presenting saplings to Dr Adnan Rafiq, MD, DNB and Gulchain Singh Charak as a token of gratitude. Iram Javed, convenor, NSS unit of the College presented the welcome address. The stage was managed by Bloomi Thapar, a student of the College.

A memento was presented to Dr. Adnan Rafiq by Gulchain Singh Charak, chairman of the Trust, Gambhir Dev Singh Churak, trustee, Principal of the College.

Mehak Fatima presented a vote of thanks.

P/ACM-01/18/20 50

Dogra Law College

Bassi Kalan, Bari Brahmana, Jammu
NSS Student Feedback Form

Date 26th Feb 2020

Attendance Sheet

S. NO	Name of Volunteer	Course/Semester	Signature
01	Usha Bala	B.A LLB Synergy	Usha
02	Geeghy Ranil	.	Geeghy
03	Meharshi	.	Meharshi
04	Ananya Duggal	.	Ananya
05	Shweta Datta	.	Shweta
06	Utkarsh Singh	.	Utkarsh
07	Siddhant Gohil	.	Siddhant
08	Tahit Kera	.	Tahit
09	Anil Kumar	.	Anil
10	Chiranjit Sharma	.	Chiranjit
11	Kanishk Mahajan	.	Kanishk
12	Talib Farooq	.	Talib
13	Rahul Kumar	.	Rahul
14	Rishabh Jaiswal	.	Rishabh
15	Vikash Sharma	.	Vikash
16	Anish Doshi	.	Anish
17	Harshit Kaur	.	Harshit

During the event, Dr. Anil Kumar, Head of the Department of Physical Education, was present and he motivated the students to lead a healthy life and engage in regular physical activities. The event was organized by the Basketball Club (Chairman, N.D. Student) and the Management for encouraging such events.

(Signature)
 Dogra Law College
 Dogra Law College
 Bari Brahmana, Jammu

5/ACM-01/18/22

Dogra Law College

Dassi Kalan, Bari Brahmana, Jammu
NSS Student Feedback Form

Date 26th Oct. - 2022

Attendance Sheet

S.NO	Name of Volunteer	Course/Semester	Signature
01	Sansarchit	B.A. LLB 5th Sem	[Signature]
02	Loyal Sharma		[Signature]
03	Loyal Jain		[Signature]
04	Taruna Sharma		[Signature]
05	Kushal Sharma		[Signature]
06	Anu Devi		[Signature]
07	Shubh Gupta		[Signature]
08	Sruya Khatap		[Signature]
09	Hareem Kaur		[Signature]
10	Palavi Kaur		[Signature]
11	Aditi Jannwal		[Signature]
12	Niksha Rana		[Signature]
13	Rohini Sharma		[Signature]
14	Ashika Sharma		[Signature]
15	Prakhar Kaur		[Signature]
16	Kasturba Gupta		[Signature]
17	Hardeep Bhargat		[Signature]

Remarks: NSS unit of Doga Law College organized a health awareness lecture on "Dietary habits & its consequences". The purpose of this lecture was to enlighten the students about the importance of diet. Dr. Arjun (BSc, MD, DNB) conducted the special session. The event was inaugurated by the Gulshan Singh (Chairman, NSS) & the students participated in the event with great zeal. The event was followed by a question-answer session.

[Signature]
Principal
Doga Law College
Doga
Bari Brahmana, Jammu

SPACM-01/18/20

Dogra Law College

Bari-Brahmana, Jammu

NSS Camp Schedule and Report

Organizing Committee of Camp M. Iqbal Tareed And His Rifinder Kaur
(Lawyer) (Member)

Date of its Conduct: 13th Feb 2022

Venue: Auditorium (Dogra Law College)

Theme: Antisocial Campaign

Number of student Participated: 1000

Schedule of Campaign was launched by Dogra Educational Trust in collaboration with Dogra Sahayata Kendra (DSK) under the aegis of Dogra Sadak Sahakar spread awareness for the following COVID appropriate behaviours. The Goldstein High School (Thiruvananthapuram, India) inaugurated the event. The overall awareness campaign will be taken ahead by Anamika Aggarwal the Principal of the law colleges. The campaign is working with the sole intention of bringing back to normal after many disruption in the regular teaching in the past two years.

Signature of Convener, NSS Committee

Principal
Dogra Law College
Bari-Brahmana, J.

12/02/2020

Dogra Law College

Dogra Nagar, Bari Bhatnagar, Jammu
NSS Student Feedback Form

Date 12/02/2020

Attendance Sheet

S.NO	Name of Volunteer	Course/Semester	Signature
01	Kamini Gupta	B.A LLB Semester 1 st	[Signature]
02	Geetika Nandan		[Signature]
03	Ujjwal Kaur		[Signature]
04	Teerth		[Signature]
05	Sanjay Chik		[Signature]
06	Lalit Sood		[Signature]
07	Siddhi Malik		[Signature]
08	Neha Gupta		[Signature]
09	Divya Gupta		[Signature]
10	Rohini Sharma		[Signature]
11	Vishal Sharma		[Signature]
12	Aditi Jaiswal		[Signature]
13	Arish Jain		[Signature]
14	Ashish Sharma		[Signature]
15	Rishabh Samra		[Signature]
16	Ashika Sharma		[Signature]
17	Honey Verma		[Signature]

These 17 Campaigns were completed today by Dogra Educational Trust in collaboration with Dogra Education Society (DES) under the aegis of Dogra Education Society. The following list of 17 campaigns were completed today. The following list of 17 campaigns were completed today. The following list of 17 campaigns were completed today.

Principal
Dogra Law College
Bari Bhatnagar - Jammu

Page No. 01/18/50

Dogra Law College

Bassi Kalan, Dist. Bathinda, Punjab
NSS Student Feedback Form

Date 17th Feb 2022

Attendance Sheet

S.NO	Name of Volunteer	Course/Semester	Signature
01	Arshdeep Singh	B.A LLB Semester 1 st	[Signature]
02	Harsh Dua		[Signature]
03	Ashwin Nare		[Signature]
04	Amal Malik		[Signature]
05	Aditya Prakash		[Signature]
06	Aditya Singh		[Signature]
07	Arshdeep Singh		[Signature]
08	Amal Malik		[Signature]
09	Ashwin Nare		[Signature]
10	Arshdeep Singh		[Signature]
11	Arshdeep Singh		[Signature]
12	Arshdeep Singh		[Signature]
13	Arshdeep Singh		[Signature]
14	Arshdeep Singh		[Signature]
15	Arshdeep Singh		[Signature]
16	Arshdeep Singh		[Signature]
17	Arshdeep Singh		[Signature]

As per a permission was granted by Dogra Educational Trust in collaboration with Dogra Institute of Health & Nutrition to conduct a workshop on COVID-19. The workshop was held on 17th Feb 2022 at Dogra Institute of Health & Nutrition. The purpose of the workshop was to educate the students about the importance of social distancing, regular hand washing, wearing a mask in public places.

Arshdeep Singh
 Dogra Law College
 Dogra Law College
 Dist. Bathinda, Punjab

Dogra Law College

Bari-Brahmana, Jammu

NSS Programme Schedule and Report

Organizing Committee of Club: Mr. Iqram Javed (convener),
Mr. Ritvinder Kaur (Members)

Date of its Conduct: 15.01.20

Venue: Bari-Brahmana Chawk

Theme: COVID-19 Awareness Campaign

Number of student Participated: 151

Schedule: Dogra Educational Trust in collaboration with

Dogra Sahayata Kendra under the aegis of Doga Sadak Sabha

conducted a campaign for COVID appropriate behaviour

Mr. Suman Dhillon Chawk, Secretary, D.E.T. flagged off the

awareness campaign from the college. The campaign was

led by Mr. Iqram Javed, Mr. Ritvinder, Mr. Pankaj Bhat, Faculty

OLE. As part of awareness campaign, cloth masks, hand

laine surgical masks were distributed

Signature of Convener, NSS Committee

Principal
Doga Law College
Bari-Brahmana, Jammu

Sudden surge in COVID cases in Jammu belt

Dogra Educational Trust & Dogra Shrayata Kendra organize awareness campaign, distribute masks

BARI BRAHMANA, SAMBA

In light of the surging COVID cases in Jammu belt an initiative was taken by Dogra Educational Trust in collaboration with Dogra Shrayata Kendra under the aegis of Dogra Sader Sabha to campaign for the cause of following COVID appropriate behavior. Earlier in a meeting held with the ward member of the Municipal Committee Bari Brahmans Mr. Te. Gulcham Singh Charak, Former Minister & Chairman, Dogra Educational Trust had committed to undertake the COVID awareness campaign in and around Bari Brahmans. In continuation with the same commitment Mr. Samar Dev Singh Charak, Secretary, Dogra Educational Trust flagged off the awareness campaign from the college premises. The campaigners were volunteer faculty members and non-teaching staff from Dogra Group of Colleges.

The campaign was supported by the ward members of the Municipal Committee Bari Brahmans under the supervision



of their Chairman Capt. Bachan Lal from ward 11, Faculty members from all the three Colleges namely Dogra Degree College, Dogra Law College & Dogra College of Education undertook the initiative of spreading COVID awareness and distributing masks and guided people on the need for following COVID protocols. They were ably assisted by ward members Mrs. Sujata from ward 01, Ram Ji Sharma from

Ward 04, Tarsem Lal from ward 07, Bachan Lal from ward 08 and Parveen Kumar from ward 10. As a part of awareness campaign re-wearable cloth masks and one time use surgical masks were distributed amongst the commuters' pedestrians' vendors and shopkeepers in Bari Brahmans Main Market area and Bari Brahmans Chowk. The people were also made to realize the importance of social distancing,

regular hand washing, wearing masks and following coughing and sneezing etiquettes.

The campaign was undertaken by Dr. Vikesh Kumar Sharma, Principal Dogra College of Education, Balwant Singh, Simran Devi & Rishabh Bishni, Faculty Dogra Degree College, Amarnath Kour, Shivangi, Faculty Dogra College of Education, Ranveer Balli, Deek Barchha, Ravinder & Irand, Faculty Dogra Law College, Angrez Bhandral, Sunil & Avinash, Dogra Educational Trust, Secretary Dogra Educational Trust speaking on the objective of organizing campaign said that as you are aware, the COVID-19 pandemic has led to unprecedented and unanticipated challenges requiring collective action and support from all. Spread of Novel Corona Virus (COVID-19) are being effectively led by the Central Government and State Governments, there is a need to reinforce the importance of preventive measures and practices in a sustained manner, to deal with the disease over the long run.

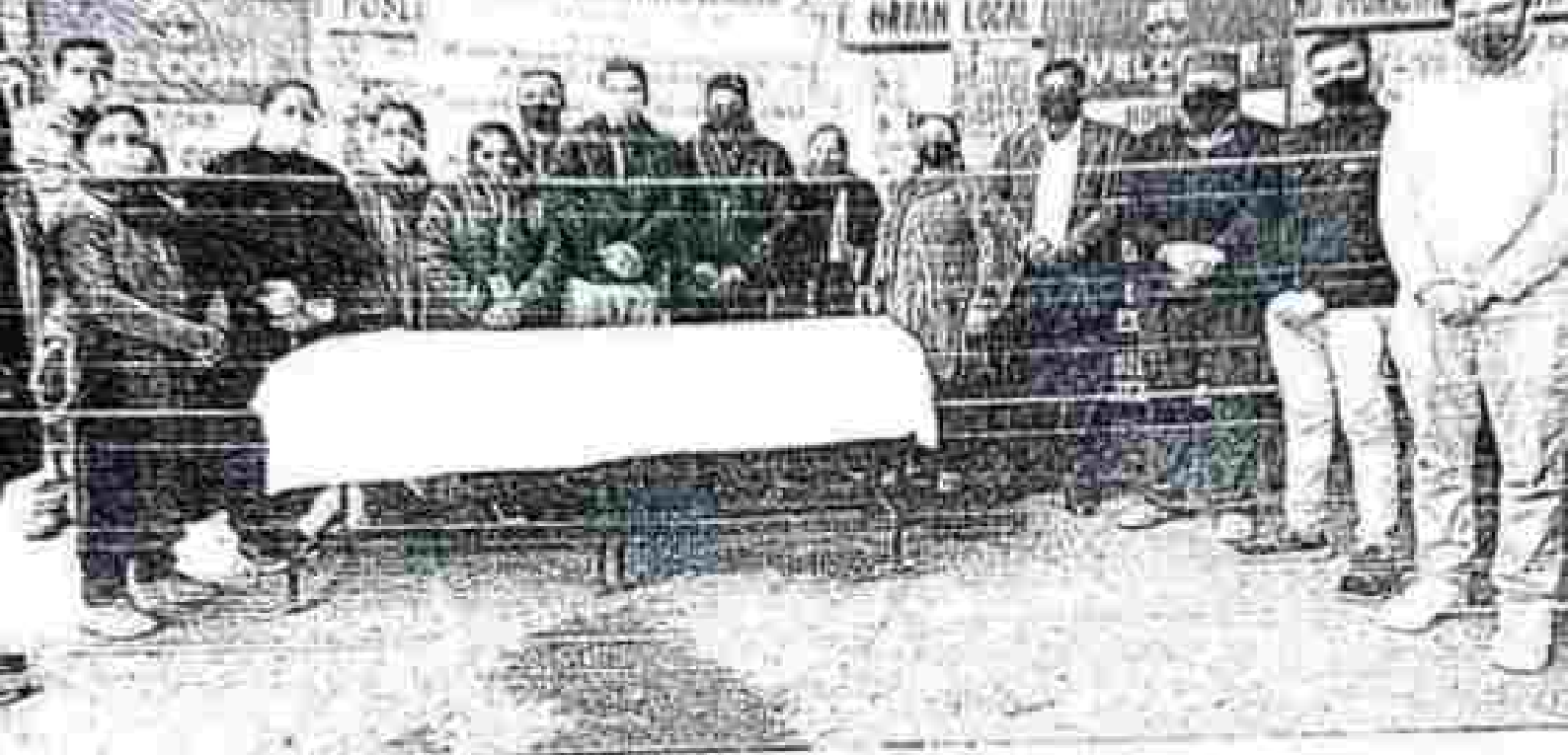
Dogra Educational Trust, Dogra Shrayata Kendra, Dogra Sader Sabha



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THE REPEAT OFFENCE IS PUNISHABLE WITH IMPRISONMENT FOR A TERM WHICH MAY EXCEED 12 MONTHS OR WITH FINE OF
 WHOEVER IN ANY MANNER AID, ABETS OR ASSISTS IN THE COMMISSION OF AN OFFENCE UNDER THE ACT SHALL BE CONSIDERED
 VEHICLE OWNERS TRADERS DEALERS SHOPKEEPERS ARE ACCORDINGLY HEREBY INFORMED NOT TO CARRY ANY SUCH BUSINESS UNLESS
 ANY VIOLATION BY ANY PERSON WILL INVOLVE HEAVY PENALTY UNDER LAW AS STIPULATED HEREINAFORE.
 COOPERATION IN
 THIS IS IN THE INTEREST OF EVERY ONE.



[Handwritten signature]

[Handwritten name]

[Handwritten initials]

To
The Secretary
Dogra Educational Trust
Bari Brahmana

Sub- To inform that NCC Cadets of Dogra Law and Degree College are going to Ranjri for statue maintenance.

Respected Sir,

With due respect we want to state that on the order of C.O Dharmendra Pandey, 4 J&k Battalion 05 NCC Cadets from Dogra Law College and 06 from Dogra Degree College are going to maintain the statues of martyr as a part of **AZADI KA AMRIT MAHOTSAV** at Ranjri on 13.08.2021 and further the NCC Cadets are required to plant trees at the said place.

Thank You

Yours Faithfully

CTO

Jeevan Lal




Principal


Principal 13.8.2021

D.S. Principal

Dogra Law College
Bari Brahmana, Saran...



DOGRA LAW COLLEGE

(TRUST OF DOGRA EDUCATIONAL TRUST)
Affiliated to University of Jammu & Approved by Bar Council of India
(Recognized by UGC under Section 2(F) of the UGC Act, 1956)
"MALUK BHAWAN", BASSI KALAN (BARI BRAHAMANA)
SAMBA (J&K) - 181133

Ph: 01923-220800 01923-220129
Email: principal@dogralawcollege.edu.in

Date: 18/08/2021

4/12/DLC/7513/21

To

Commanding Officer
6 J&K Bn NCC
D-147, Sainik Colony
Jammu 180011 (J&K)

Subject: Brief report Plantation Drive & Statue maintenance by NCC Cadets of Dogra Law College.

Respected Sir,

1. This is to inform to your office that in continuation to our letter no. DLC/7513/21 dated 15.04.2021 wherein we had adopted martyrs statues for keeping its maintenance.

2. As per directions from your office the NCC Cadets of Dogra Law College visited Ranjhar near Aahya, Samba on 13.08.2021 for up-keeping and maintaining the adopted statue of Late L/Nk Mohinder Kumar Sharma No. 3989589 1st Dogra S/o Bodd Raj A/o Patti, Samba who sacrificed his life on 17th August 2000.

i. The cadets also planted trees in the premises under the supervision of CTO, NCC Unit, Dogra Law College.

ii. The cadets interacted with family members of the martyrs and garlanded the statues of the martyrs.

iii. Picture of the activity undertaken are attached as annexure.

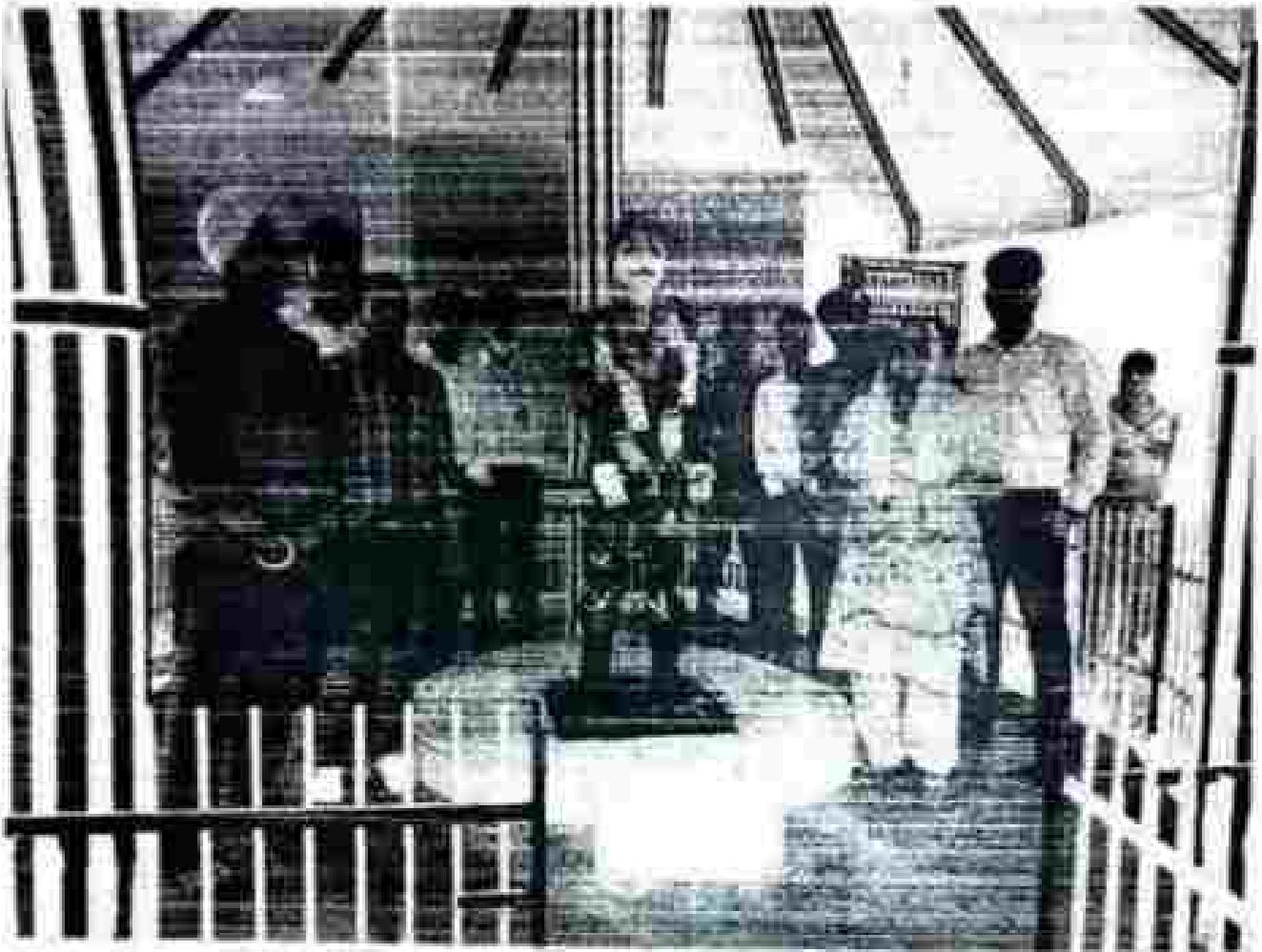
With Regards

Principal
Dogra Law College

Dogra Law College
Bari Brahmanna - 181133

CTO, NCC Unit
Dogra Law College

PARTICIPATION OF NCC CADETS OF DOGRA LAW COLLEGE IN MAINTENANCE OF MARTYR STATUES AND PLANTATION DRIVE AT RANJHARI NEAR RAHYA.



10/11/2021

NSS UNIT ORGANISED LEGAL AWARENESS CAMP

On the occasion of National Service Unit NSS Unit of Datta Law College organized a legal awareness camp at village Chak Janki Bani Bani to educate people about their rights and duties as mentioned in the Constitution of India. The camp was organized under the supervision of NSS programme coordinator Mr. Ramesh Bahi accompanied by the staff members Mr. Sanjiv Gupta, Mr. Anurag Singh and Mr. Pooja Bhatnagar. Datta Law College students interacted with the residents of the village. They also met Mr. Jitendra Singh, Sarpanch - Village Chak Janki. The students found out that most of the families in the village don't aware about the Right to Education (RTE) Act. The students and the faculty educated the people of the village about the objective of NSS legal literacy and few schemes initiated by Prime Minister - Mr. Narendra Modi like School Nutrition Yojana, Rashtriya Bal Swasthya Karyakram, Digital India Mission, Beti Bachao Beti Padhao Yojana and Pradhan Mantri Vidya Lakshmi Educational Loan Yojana etc. Besides this they surveyed the village residents and collected information through Questionnaire. The Dwellers of the village expressed their gratitude towards the students and appreciated their efforts to highlight the social cause and also said that such type of awareness camp must be made as a regular feature.

KANAK
10/11/2021
A. J. ...
...

...

DOGRA LAW COLLEGE

Bari Brahmara

Samba

National Service Scheme

Dated: 23/11/2017

Proposed activity:	Legal Awareness Camp
Occasion :	Law Day
Date :	27 th of November, 2017
Place :	Chak-Jachan (Village near Bari-Brahmara)
Timing :	10:00 am - 1:00 pm
No. of NSS Volunteers:	30 (LL-B 3 Years students)

NSS Committee is planning to organize a Legal Awareness Camp to create awareness among the people of the aforesaid village on the occasion of Law Day.

The awareness camp will cover the various aspects related to:

1. Female Feticide
2. Child Education
3. Domestic Violence
4. Dowry.


Principal
Dogra Law College
Bari Brahmara, Samba

Requisition for Budget

NSS Banner - Available
Transport Facility (to and fro)
Refreshment for students (Rs. 45 for each Student) = 1350/-
(30 Students)

Break-up
Real Juice = Rs. 20
Sandwich = Rs. 25

The following teachers shall accompany the students All teachers
via
Mr. Ramesh Bala (NSS Convener)

Mrs. Sankshita Rajdani

~~Dr. ...~~

Ms. Bala Gupta

Ms. Anshu Gupta

Ms. Anshu Kalyan

V. D. Singh
Principal

(Dogra Law College)
Principal,
Dogra Law College,
Batala, Jammu.

1 June 2022

Dogra Law College

Bari-Brahmana, Jammu

NSS Programme Schedule and Report

Organizing Committee of Programme: Mr. Sumit Chahal
Mr. Harinder Singh (Members)

Date of its Conduct: 21st Jan 2022

Venue: Virtual

Theme: Beti Bachao, Beti Padhao

Number of student Participated: 25

Schedule: Under the aegis of NSS to foster relation
NSS Unit of Dogra Law College, Jammu. Various
activities were initiated to commemorate National Girl's
Day on 21.01.22, where more than 25 students took
active participation. The activities centered
very message of Beti Bachao, Beti Padhao is highlighted
in Selfie with Daughters. Where they posted pictures of
themselves with their mothers.

Signature of Convener, NSS Unit

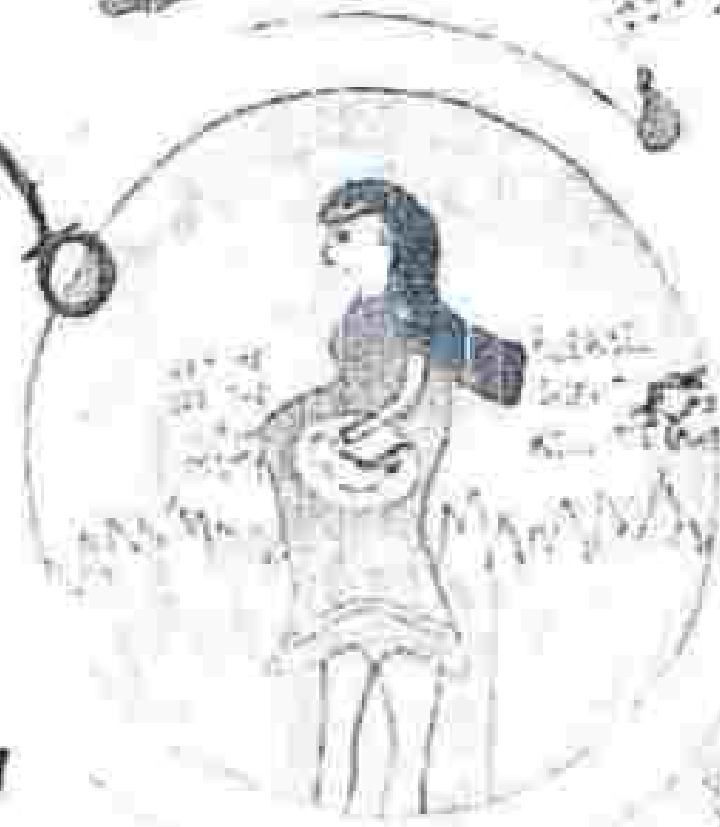
Principal
Dogra Law College
Bari-Brahmana

बेटी



बेटी पढाओ

पढाओ



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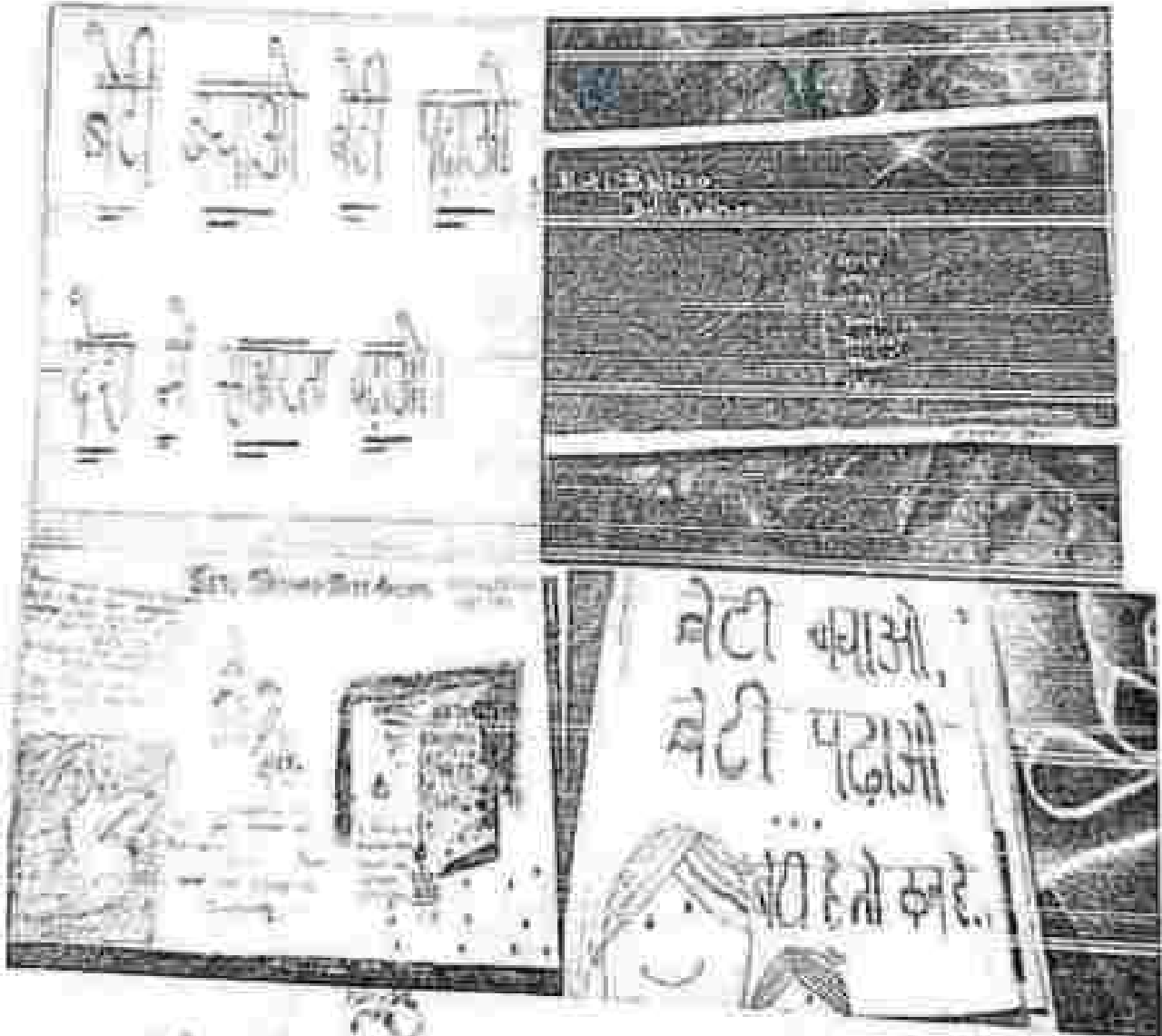


Dogra law College

Hand Kaley, Jhelum, Jammu, Kashmir

Press Release

NSS Unit of Dogra law college, organised a series of online activities on National Girl Child Day.



[Handwritten signature]

Dogra Law College

Basel Khatun, Badli Bhatnagar, Jalandhar

9/11/2023 - 01/10/2023


Date 2/10/23 10/10/2023

NSS FEEDBACK FORM

Attendance sheet

S. NO	NAME OF THE VOLUNTEERS	SIGNATURE
01	Garima Sharma	Garima
02	Samal Rajput	Samal
03	Ashish Kishor	Ashish
04	Supriya Sandhu	Supriya
05	Rohit Kumar	Rohit
06	Harpreet Kaur	Harpreet
07	Ashish Kishor	Ashish
08	Ashish Kishor	Ashish
09	Ashish Kishor	Ashish
10	Ashish Kishor	Ashish
11	Ashish Kishor	Ashish
12		
13		
14		
15		
16		
17		

Remarks NSS unit of Dogra Law College organized a program on National Girl Child Day on 12th September 2023. The students of P.A.L.B. Dept. 12 were very active and participated in it with great enthusiasm. The program was excellent. Thanks to the faculty for arranging this event.


 Dogra Law College
 Badli Bhatnagar
 Jalandhar

F/AC/17-01/18/00

Dogra Law College

Bassi Kalan, Bari Brahmana, Jammu

NSS FEEDBACK FORM

Date 27th Jan 2022

Attendance Sheet

S.NO	NAME OF THE VOLUNTEERS	SIGNATURE
01	Vaishali Devi	Vaishali
02	Deepali	Deepali
03	Neha Kaur	Neha
04	Khushi	Khushi
05	Kripashini	Kripashini
06	Ashu Trappa	Ashu
07	Arpit	Arpit
08	Manish Kaur	Manish
09	Diya Kaur	Diya
10	Tanishka Kaur	Tanishka
11		
12		
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17		

Remarks: The students of BA LLB CWS 1st Sem 2nd Sem 5th Sem
participated in the program with great
enthusiasm and active participation. The
program was very successful and
the students showed great interest in
the program and were very
enthusiastic about the program.


Principal
Dogra Law College
Bari Brahmana, Jammu

F/ncm-01/18/20

Dogra Law College

Bassi Kalan, Bari Brahmana, Jammu

NSS FEEDBACK FORM

Date 24th Jan, 2023

Attendance Sheet

S.NO	NAME OF THE VOLUNTEERS	SIGNATURE
01	Humaira Farhan	Humaira
02	Abhishek	Abhishek
03	Anshuman Kalscha	Anshuman
04	Bin Yaseen	Bin
05	Inshah Ahmed	Inshah
06	Muhammad Ahmed	Muhammad
07	Yashika	Yashika
08	Kaachi Sharma	Kaachi
09	Masrura Khawari	Masrura
10	Harsh Singh	Harsh
11		
12		
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17		

Remarks: This unit of Dogra Law College conducted a series of online events on National Girl Child Day on 24th Jan 2023 where students participated in slogan writing & poster competition & they prepared the program very well & participated with great enthusiasm. They thanked the faculty & management for highly participative event like this.

Principal
Dogra Law College
Bari Brahmana, Jammu

Under the aegis of Azadi Ka Amrit Mahotsav, NSS Unit of Dogra law college, organised a series of online activities under the patronage of Dr. Komila Aggarwal, Principal Dogra law college and guidance of Mr. Ramnik Bali, Academic Coordinator, Dogra law college and Ms. Iram Javeed (NSS Program Officer, Dogra law college) to commemorate National Girl Child Day, which is observed all over the India on 24th of January.

The event was conducted via online platform, where more than 100 students showed their active participation. The event encompasses activities such as slogan writing and selfie with parents. The volunteers portrayed the key message of "Beti Bachao, Beti padhao" via writing slogans on posters where they illustrated the prime need to educate the girl child. They shared their views and ideas on the topic also they shared different opinions of making the women of our nation more powerful at the same time ensuring her safety. The volunteers and the student body of the college also participated in the social media campaign, "Selfie with daughter", where they posted pictures of themselves with their mothers with the hashtag #selfiewithdaughter.

The entire program was conducted under the supervision of NSS Program Officer, and a vote of thanks by Ms. Iram Javeed for the active participation of the students and NSS Volunteers.

Dogra Law College
Sanjivnagar, Gurgaon

Dogra Law College

Rari-Brahmana, Jammu

Extra Curricular Activity and Report

Name of the activity: Seminar on "Protection of Girl Child"

Date of its conduct: 27th of September 2018

Venue: Conference Hall DET.

Details: A one-day seminar on 'Protection of Girl Child' was held by 'Girl-up' (the UN Foundation). A group of representatives of 'Girl-up' foundation addressed the students present and highlighted the protection of rights of girls. Students from D.L.C., D.D.E., D.C.E. participated and presented their views about empowering the women.


Signature of Teacher Concerned


Director cum Principal
Dogra Law College
Rari-Brahmana, Jammu



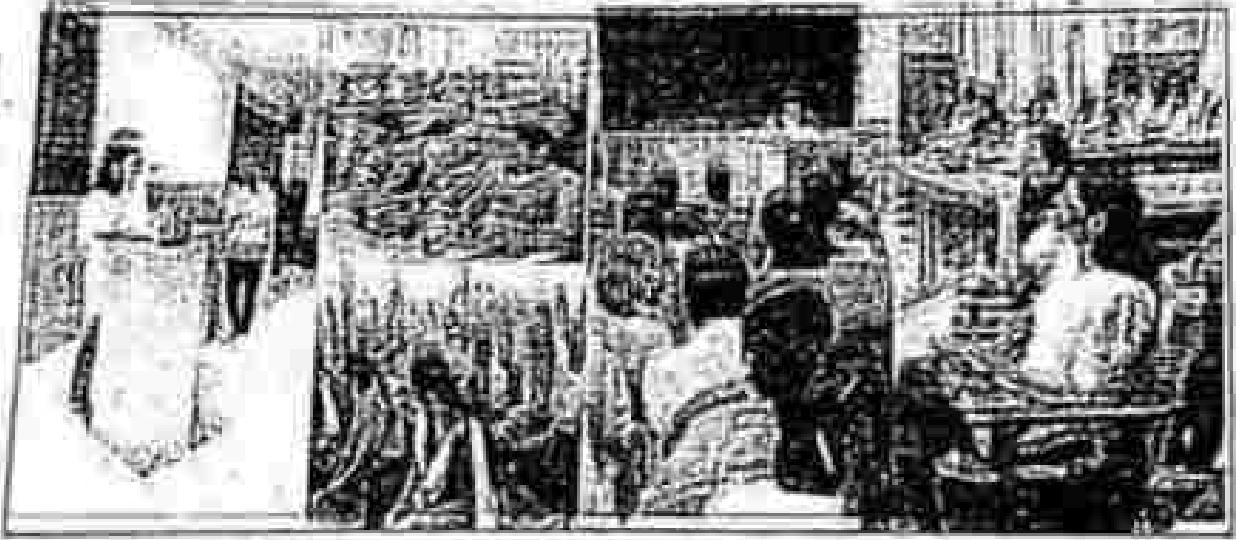
MONDAY, OCTOBER 1, 2018

STATE

'Girl Up'- United Nations Foundation makes its presence at the Dogra Educational Trust

SANIDA, SEP 30

Dogra Educational Trust hosted a seminar with Ms. Aarti Singh, the country representative of Girl Up, an initiative of the United Nations Foundation. Ms. Aarti has been working on the rights of girls and women in various parts of the country and in Jammu she conducted a seminar with the girl students of the J. P. Narain School, Dogra College of Education, Dogra College of Arts and Dogra Law College. This was aimed to educate them about issues of gender equality and girls' right to learn and called them to act as agents for the changing gender parity in the world. It was an exhilarating and lively session. The girls discussed the grave issues that plague our society



today including child marriage, female infanticide and violence. The need for safe spaces, education and girls' role in advocating for their rights were some of the topics which were discussed. Girl Up is "by girls, for

girls" - girl led and girl-driven that engages girls to take action to achieve global gender equality and change the world. Through their leadership development programs, Girl Up inspires, connects, trains and connects girls globally,

helping them as leaders and change makers. Illustrative personalities like Priyanka Chopra and Queen Rania of Jordan have been associated with the Girl Up cause and with over 2,000 clubs across 100 countries, Girl Up

global presence. This initiative was taken for the first time in the state of J&K with the students of the Dogra Educational Trust and will be aimed to inspire the next generation of change makers. In the evening session the resource person had session with the girl students of Rajni Harriet school and it second session was held for the students of Dogra group colleges running under it flagship of Dogra educational trust. Secretary, Tran Kanti Kumar, Dogra College of efforts of Ms. Aarti Singh is appreciated in Prudhoka the colleges and Rajni Harriet school for supporting it. Many of the girls could be benefited by the intervention of the UN Foundation representative with the girl students.

Dogra Law College

Bari-Brahmana, Jammu

NSS Programme Schedule and Report

Organizing Committee of Programme Mr. Iram Javed (convener)

Date of its Conduct: 31st May 2022


Venue: Village Dhatian

Theme: Quit Tobacco To Save Our Planet

Number of student Participated: 50

Schedule: NSS Unit of Dogra Law College Organized an outreach activity on the occasion of "World No Tobacco Day" in which around 50 NSS volunteers participated and delivered lectures to the villagers on the harmful effects of Tobacco

Signature of Convener, NSS Committee


Participant
Dogra Law College
Bari Brahmana, Jammu



THE UNITED STATES OF AMERICA
OFFICE OF THE UNITED STATES ATTORNEY
FOR THE DISTRICT OF COLUMBIA
AND THE TERRITORIES

Dogra Law College

Bassi Kalan, Bari Brahmana, Jammu

Date 31.05.2022

NSS FEEDBACK FORM

Attendance Sheet

S.NO	NAME OF THE VOLUNTEERS	SIGNATURE
01	Shuchi Gupta	<i>[Signature]</i>
02	Aarshdeep Singh	<i>[Signature]</i>
03	Sirwan Chib	<i>[Signature]</i>
04	Polyak Jain	<i>[Signature]</i>
05	Darshak Tal	<i>[Signature]</i>
06	Bhooma Thaper	<i>[Signature]</i>
07	Aaraya Duggal	<i>[Signature]</i>
08	Deepak	<i>[Signature]</i>
09	Abdul Halim	<i>[Signature]</i>
10	Aryan Arora	<i>[Signature]</i>
11	Kapal Kora	<i>[Signature]</i>
12	Sarav	<i>[Signature]</i>
13	Ariti	<i>[Signature]</i>
14	Harpal	<i>[Signature]</i>
15	Suhani	<i>[Signature]</i>
16	Tika	<i>[Signature]</i>
17	Hemant	<i>[Signature]</i>

Remarks: Students of Dogra Law College (NSS Volunteers) participated in the outreach activities conducted by the college. Dogra Law College on the occasion of "World's Largest Day" has spread awareness regarding the various health harmful aspects of tobacco. The volunteers participated with great zeal & enthusiasm & thanks to management.

[Signature]
Principal
Dogra Law College
Bassi Kalan - 181122
Bari Brahmana, Jammu

RACM-0 1/18/20

Dogra Law College

Basni Kalan, Bari Brahmana, Jammu


NSS FEEDBACK FORM

Date 31-05-2022

Attendance Sheet

S.NO	NAME OF THE VOLUNTEERS	SIGNATURE
01		
02	Zeehan	
03	Richana Sharma	
04	Verna Devi	
05	Mukesh	
06	Shivani Parva	
07	Pawan	
08	Arshad	
09	Harshit Sharma	
10	Tanvir	
11	Naveen	
12	Tejasa	
13	Reetika Singh	
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Remarks: NSS Unit of Dogra Law College organized an outdoor activity on the occasion of World Bio Tobacco Day to collect Diplomas. The NSS volunteers participated with great zeal & enthusiasm. They showed the way forward in carrying such events.


 PRINCIPAL
 Dogra Law College
 Bari Brahmana, Jammu

Dogra Group of Colleges observes "World No Tobacco Day"

HAAS BHAGHARIA MAY 31

Days Group of Colleges in collaboration with WHO and National Health Service (NHS) on the theme "Tobacco: Deadly Choice" observed World No Tobacco Day (WNTD) on May 31, 2022. The event was held at the main auditorium of the college. The event was attended by the staff and students of the college. The event was a success and the students were very active in the event.

The day is marked every year on May 31. The World Health Organization (WHO) observes the campaign to reduce the health risks associated with the use of tobacco. The purpose of the day is to raise awareness of the health risks of tobacco and to encourage people to quit smoking. The day is also a call to action for governments to take steps to reduce tobacco use and to protect people from tobacco products.

WHO proposes a global strategy to reduce tobacco use and to protect people from tobacco products. The strategy is based on the following principles: to reduce tobacco use and to protect people from tobacco products; to raise awareness of the health risks of tobacco; to encourage people to quit smoking; to take action to reduce tobacco use and to protect people from tobacco products.



Dr. J. S. Thakur, Principal, Dogra Group of Colleges, for women address, emphasized on the health risks associated with the drug use and the life-threatening diseases it may cause. He further stressed about the impact it could have on young minds and how WHO calendar must take in enlightening general public about the serious impact of drug abuse. This was followed by a poem recitation by students. Dr. J. S. Thakur stressed regarding the ill effects of smoking.

Dr. J. S. Thakur, Principal, Dogra Group of Colleges, for women address, emphasized on the health risks associated with the drug use and the life-threatening diseases it may cause. He further stressed about the impact it could have on young minds and how WHO calendar must take in enlightening general public about the serious impact of drug abuse. This was followed by a poem recitation by students. Dr. J. S. Thakur stressed regarding the ill effects of smoking.

physical health, by impacting the brain of an individual. He emphasized upon how cigarette smoke penetrates the gateway of nostrils, enters by stimulating dopamine release, thereby driving an individual towards pleasure or happiness. He concluded that drug use affects every body part of an individual and is extreme consequences for become a very dependent habit leading to chronic toxicity at the dependency of an individual on a drug is something which is not easily reversible. He then concluded that awareness and education are beneficial as to be aware the individuals about the consequences of drug consumption and the health benefits to quit using drugs would be an excellent thing. N. J. Singh, Secretary, Committee and

Faculty Development Worker, Health Centre, in a address, emphasized upon the health changes which come along with tobacco use. He highlighted that these changes are a very slow process and have serious underlying effects with some changes in behavioral patterns. Dr. J. S. Thakur stressed regarding the ill effects of smoking. He then concluded that awareness and education are beneficial as to be aware the individuals about the consequences of drug consumption and the health benefits to quit using drugs would be an excellent thing. N. J. Singh, Secretary, Committee and

more of the society. He concluded that having a greater approach about taking any to drug abuse that help in making drug abuse an obsolete practice. He stressed the main aim and mission of WHO. Dr. J. S. Thakur stressed regarding the ill effects of smoking. He then concluded that awareness and education are beneficial as to be aware the individuals about the consequences of drug consumption and the health benefits to quit using drugs would be an excellent thing. N. J. Singh, Secretary, Committee and

Dogra Law Centre,
1081 Bhatnagar Road,
Punjab

Dogra Group of Colleges observes "World No Tobacco Day"

Theme – "Drugs Destroy Life"

31st of May 2022

Bari Brahmana, Samba

Dogra Group of Colleges in collaboration with NCC Unit observed "World No Tobacco Day" on the theme "Drugs Destroy Life" in which NCC cadets and ANOs from Dogra Law College, Dogra Degree College, Central University, Jammu, GDC, Samba, Government Hr. Sec. School, Vijaypur etc. of 4 J&K Battalion and from GCW, Parade of 2 J&K Battalion took active part. The purpose of this event was to create awareness about the risks associated with the use of tobacco and to protect the health of smokers.

This day is marked every year on May 31. The World Health Organization (WHO) promotes the campaign to enlighten the health risks associated with the use of tobacco and to encourage governments to draw up policies to help people reduce smoking and usage of other tobacco products. Every year, WHO proposes a theme to raise awareness of the negative health, social, economic and environmental impacts of tobacco production and use. This year's theme is "Tobacco: Threat to Our Environment".

The event started with the lighting of the lamp by all the dignitaries and evoking the blessings of almighty. This was followed by handing over of saplings to the dignitaries as a token of gesture. Mrs. Bela Thakur, Principal, Dogra Degree College, in her welcome address, emphasized on the health risks associated with the drug use and the life-threatening diseases it may cause. She further stressed about the impact it might have on young minds and how NCC cadets could help in enlightening general public about the severe impact of drug abuse. This was followed by a poem recitation by Akshita Mangotra, B. Com. final year student, signifying the ill-effects of smoking.

Dr. Vinod Dhar, Programme Officer, Mental Health, GMC, Jammu was the Resource Person. He shared his views about the substance use disorder, which causes several changes in the mental and physical health by impacting the brain of an individual. He emphasized upon how cigarettes activate the gateway of reward circuit by stimulating dopamine release, thereby driving an individual towards pleasure or happiness. He mentioned that drug use affects every body part of an individual and in extreme circumstances has become a very important factor leading to chronic suicide as the dependability of an individual ~~on drugs~~ is

Dogra Law College
Bari Brahmana, Samba

something which is not easily reversible. Dr. Dhar concluded that awareness sessions are beneficial so as to aware the individuals about the consequences of drug consumption as the final decision to consume drugs would be an individual choice.

Ms. Ruchi Sasan, Counselor and Psychology Social Worker at Mental Health, in a nutshell, emphasized upon the mental changes which formulate during adolescence. She highlighted that these changes are a very slow process and have various underlying effects which causes changes in behavioral patterns. Dr. Sasan very nicely simplified the critical developmental stages in a person's life to affect addiction.

Kr. Samar Dev Singh Charak, Secretary, Dogra Educational Trust, embarked upon the exemplary conduct of NCC Cadets who by way of understanding the impact on tobacco, could further spread awareness among the general public. He stressed upon "youth" being the primary resource of a nation and how drug abuse could impact this very segment of the society. He explained that having a counter approach against falling prey to drug abuse could help in making drug abuse an obsolete practice. He reminisced the vision and mission of Thakur Gulchain Singh Charak, Former Minister and Chairman of Dogra Educational Trust and how he has always focused upon education as an important factor which could help in overcoming this unethical practice.

The event was managed by Ms. Aditi Khajuria, Lecturer in English, DDC. Students who had participated in slogan writing and poster writing competition in furtherance of the observation of today's event were also felicitated by the dignitaries.

A memento was presented to Dr. Vinod Dhar, Programme Officer, Mental Health, GMC, Jammu by Kr. Samar Dev Singh Charak, Secretary, Dogra Educational Trust. This was followed by Vote of Thanks by Mr. Desh Bandu, CTO, NCC Unit, DLC. The event concluded with NCC song.

Prominent among those present were Dr. Darshana Sharma, Director, DGC and Campus Development, Dr. Komila Aggarwal, Principal In-charge, DLC and faculty members of DLC and DDC.

The event is a reminder for everyone that there is a dire need to increase the motivation to leave smoking behind. Stopping smoking is a win-win situation at all ages, always.

Dogra Group of Colleges observes "World No Tobacco Day"

ALAC TRAHMANGI MAY 31

The Doga Group of Colleges observed World No Tobacco Day on May 31. The event was organized by the Doga Group of Colleges, which is a group of colleges in the Doga region. The event was held in the presence of the Doga Group of Colleges, which is a group of colleges in the Doga region. The event was held in the presence of the Doga Group of Colleges, which is a group of colleges in the Doga region.

The day is marked every year on May 31. The World Health Organization (WHO) marks the campaign to reduce tobacco use and to raise awareness about the health risks of tobacco. The WHO reports a decline in pipe smoking of the cigarette, but the use of tobacco is still a major cause of death and disability. The WHO reports a decline in pipe smoking of the cigarette, but the use of tobacco is still a major cause of death and disability.

The event started with the lighting of a lamp. The Doga Group of Colleges, which is a group of colleges in the Doga region. The event was held in the presence of the Doga Group of Colleges, which is a group of colleges in the Doga region.



Dr. N. S. Prasad, Principal, Doga Group of Colleges, led the ceremony. He emphasized the health risks associated with the drug and the life-threatening dangers it may cause. He further stressed about the impact of tobacco on the health of the people and the need to quit smoking. He also highlighted the need for a comprehensive approach to tobacco control, including the use of tobacco products. He also highlighted the need for a comprehensive approach to tobacco control, including the use of tobacco products.

Dr. N. S. Prasad, Principal, Doga Group of Colleges, led the ceremony. He emphasized the health risks associated with the drug and the life-threatening dangers it may cause. He further stressed about the impact of tobacco on the health of the people and the need to quit smoking. He also highlighted the need for a comprehensive approach to tobacco control, including the use of tobacco products.

physical health by impacting the brain of an individual. He emphasized upon how cigarette affects the process of mental control by stimulating dopamine release, thereby directing an individual towards pleasurable happiness. He mentioned that this process is a part of an individual and is a natural phenomenon. He mentioned that this process is a part of an individual and is a natural phenomenon.

Dr. N. S. Prasad, Principal, Doga Group of Colleges, led the ceremony. He emphasized the health risks associated with the drug and the life-threatening dangers it may cause. He further stressed about the impact of tobacco on the health of the people and the need to quit smoking. He also highlighted the need for a comprehensive approach to tobacco control, including the use of tobacco products.

The Doga Group of Colleges observed World No Tobacco Day on May 31. The event was organized by the Doga Group of Colleges, which is a group of colleges in the Doga region. The event was held in the presence of the Doga Group of Colleges, which is a group of colleges in the Doga region.



World No Tobacco Day – On 31st of May 2022, Dogra Group of Colleges in collaboration with NCC Unit observed "World No Tobacco Day" on the theme "Drugs Destroy Life" in which NCC cadets and ANOs from Dogra Law College, Dogra Degree College, Central University, Jammu, GDC, Samba, Government Hr. Sec. School, Vijaypur etc. of 4 J&K Battalion and from GCW, Parade of 2 J&K Battalions took active part. The purpose of this event was to create awareness about the risks associated with the use of tobacco and to protect the health of smokers.

Handwritten signature and text in blue ink, including the name "Dr. Anil Kumar" and "Dogra Group of Colleges".

DOGRA GROUP OF COLLEGES

BASSI KALAN, BARI BRAHMANA, SAMBA

NCC Units of Dogra Degree College & Dogra Law College

Date: 31st May 2022

Time: 11:00 AM

Venue: College Auditorium

SEQUENCE OF EVENTS

"World Anti Tobacco Day"

S. no.	Events	Time Duratic
1	Presentation of Sapling	2 min
2	Lighting of Lamp	2 min
3	Welcome Address by Mrs. Bela Thakur, Principal, DDC	---
4	Poem by Akshita Mangotra of B.Com 5 th Sem	---
5	Guest Lecture by Dr. Vinod Dhar, Programme Officer, Mental Health, GMC Jammu on "Drugs Destroy Life"	---
6	Certificate Presentation to participants of Poster Making Competition & Slogan Writing	---
7	Presentation of Memento to resource person	2 min
8	Address by Secretary, DFT	---
9	Concluding remarks & Vote of Thanks by Mr. Desh Bandu, CTO NCC Unit, DDC	3 min
10	NCC Song	3 min

V. 022/11
Principal
Dogra Law College
Bari Brahmna, Samba



DOGRA DEGREE COLLEGE

Established by JKN Group & affiliated to Jammu University of Applied
Education & Technology

BARI BRAHMANA, JAMMU (J.K.) - 181111

Website: www.dogradegreecollege.com

Email ID: dogradegreecollege@gmail.com

Phone: 98190 20004
98190 20005

Page No.

Ref No: 2021/2022/15

Date: 20/05/2022

The Demanding Officer

CIAN WING, NCC

BARI BRAHMANA

JAMMU

Subject: Invitation to grace the occasion as chief guest.

Respected Sir,

- The NCC units of Dogra Degree College & Dogra Law College are collaborating together & event will be on the theme "Drug Destroy Life" on the occasion of "World Anti Tobacco Day" on 31st May 2022, 11:00 AM onwards in college auditorium.
- Dr. Vinod Chaur, Programme Officer, Mental Health, IASAC Jammu will be the resource person for NCCS.
- We have extended the invite to all registering NCC units wherein we have requested PPT AND a secondary with 20 cadets to be a part of the event.
- We would like to have your presence as chief guest of the above said event this would be a great motivation for the NCC Cadets.

We hope that you will approve our request and grace the occasion with your presence.

With regard

Principal

Dogra Degree College

Bari Brahmna

Jammu

Phone: 98190 20004

98190 20005

CIAN WING, NCC

CIAN WING
Dogra Degree College
Bari Brahmna, Jammu

OFFICE OF THE PRINCIPAL
DOGRA LAW COLLEGE

BARİ BRAHMANA, SAMBA

Ref No SL/ADN-01/21/1839/OLC

Date: 18.09.2021

Notice

In order to celebrate NSS day on 24th Sep. 2021, The NSS unit of Dogra Law College is going to organize a poster making competition on the topic drug addiction and abuse. All the volunteers of NSS unit of Dogra Law College are required to send their names for participation to their respective guardian teachers.

Wrat
NSS
Convener

[Signature]
Principal
Dogra Law College
Dogra Law College
Bari Brahmata, Samba

F/ACM-01/18/00

F/ACM-01/18/00

Dogra Law College

Bari-Brahmana, Jammu

NSS Camp Schedule and Report

Organizing Committee of Camp Ms. Gursikill Kaur, Ms. Ritvinder Kaur

Date of its Conduct: 24th Sept, 2021

Venue: Online platform through zoom app

Theme: Poster making on drug addiction and abuse

Number of student Participated: 15

Schedule: NSS unit of Dogra law college as organized a poster making competition on the occasion of NSS day celebration where the students of BALLB (5 years) participated with great zeal and enthusiasm.

Khat/r
Signature of Converner, NSS Committee

[Signature]
Principal
Dogra Law College
Bari Brahmana, Jammu

OFFICE OF THE PRINCIPAL
DOGRA LAW COLLEGE

BASSI KALAN, BARI BRAHMARA, SAMBA

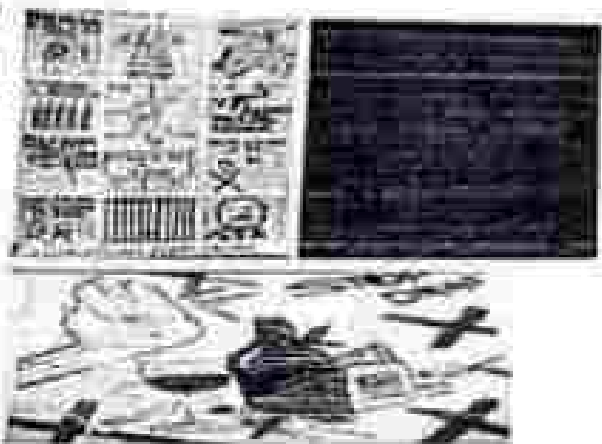
Ref. No. BA/LLB-01/24/74573/2021

Date: 24.09.2021

Press Release

NSS unit of Dogra Law College organized poster making competition on the topic of "Drug Addiction and Abuse".

On 24th September 2021 NSS unit of Dogra Law College organized a poster making competition on the topic of "Drug Addiction and Abuse". Students from B.A LLB 5 Years participated in the said completion.



The main objective of organizing this poster making competition is to make the students aware about the drug addiction and abuse on the occasion of NSS day celebration. The students worked with great zeal and enthusiasm to make this competition a success.

The student Palneez Kour (5 Years 2nd Sem.) ,Mustajab Ahmed (5 Year 2nd Sem.) , Diya Majotra (5 Year 2nd Sem.) has won 1st , 2nd and 3rd prize respectively.

Wirat

R.Kom


Dogra Law College
Bari Brahmara, Sambalpur

Dogra Law College

Bari-Brahmana, Jammu

NSS Camp Schedule and Report

Organization of NSS Committee consists of
Ramanish Bala (Convener) and other faculty
and staff members.

Date of camp: 13th of September, 2018.

Area of camp: Bari-Brahmana, Jammu
Camp for Kerala Relief fund.

Number of students participated: 98

Students of BA, LLB 5 years and
LLB 3 years have participated and collected
funds for Kerala Relief from Sisco Complex
Market, Sisco road Jammu and Bari - Isalor
area. A total of Rs. 14,123/- was collected.

Signature of Convener, NSS Committee



Signature of Faculty
In-charge



Dogra Law College
Bari-Brahmana, Jammu

Date: 13-09-2018

NSS REPORT (KERALA RELIEF FUND)

On 13th of September 2018, as per the directions issued by Hon'ble Chairman Sir, the NSS Committee under the supervision of Dr. Komika Aggarwal (Principal Dogra Law College) organised a activity regarding collection of funds and accordingly six groups were created consisted of seniors and juniors of BA,LLB 5 Years and LLB 3 Years. They were allotted different areas such as SIDCO Complex market, SIDOP road market and Bassi- Kalan Area respectively. The students left the college premises for fund collection around 11:00 am. Mr. Ramnik Bali and Mohd. Amir Rasool (Lecturer Dogra Law College and NSS Committee members) were deputed for check and supervision on students so to assure that the activity should be carried in a disciplined manner. Then around 12:30 pm after finishing the activity with best efforts, students gathered in seminar room of Dogra Law College. All the groups handed over the relief fund to the NSS Committee. A total of Rs. 14,123/- was collected and then forwarded to the account section of Dogra Educational Trust.

The whole activity was carried in well disciplined and organized manner.

NSS COMMITTEE

PRINCIPAL
Dogra Law College

148

2022-23/19/12/2022

OFFICE OF THE PRINCIPAL
DOGRA LAW COLLEGE

Dr. Divya Katina, Bar, Himachal Pradesh, India

Handwritten note in the top left corner.

11/02/2022

NOTICE

For the information of students of Dogra Law College that college is going to conduct an International Mother Language Day on 21st February 2022 to promote awareness of linguistic and cultural diversity and multilingualism.

Interested students can contact MS. Divya Katina before 2:30 pm.

All Concerned


Dogra Law College
E-2, B-17, Sector 17, Chandigarh

Copy to:

1. Secretary, Dogra Educational Trust
2. Notice Board, Dogra Law College

for information please

for information of all the concerned

International Mother Language Day
20th Feb 2020



Digital Law

Assignment No. 1

Date: / /

Name: _____

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[Signature]

Classifying Cases

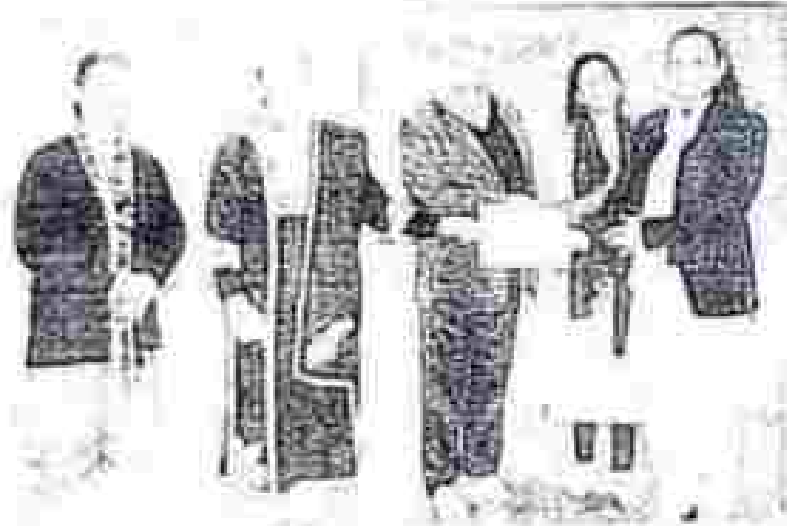
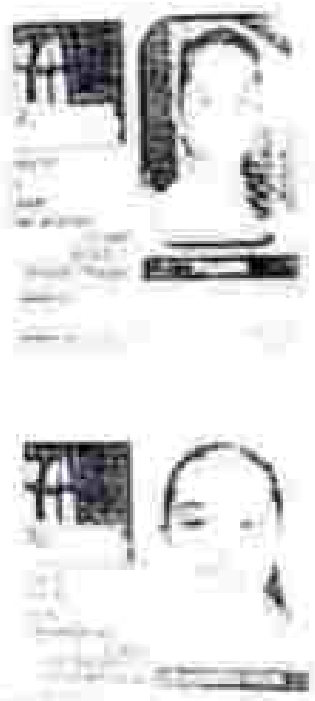
Date: _____

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(Signature)

Principal
Dogra Law College
East Block, Jammu

Consumer Rights Day celebration at Dogra Law College



The celebration was held on the occasion of Consumer Rights Day at Dogra Law College. The event was organized by the college authorities and was attended by a large number of students and faculty members. The program included a variety of activities, including a quiz competition, a group discussion, and a presentation of awards to the winners. The organizers expressed their hope that the event would create awareness among the students about their rights as consumers and encourage them to exercise these rights responsibly.

INDIRA LAW COLLEGE
PASSER KALAN KARI BHADHIGGA
TAMBUK

NOTICE

ALL MEMBERS OF THE STUDENTS OF INDIRA LAW COLLEGE, TAMBUK
TO OBSERVE FEELINGLESS IN ORGANIZING A BONDING IN THE FORM OF
A BONDING WITH SABA CONSTRUCTION AND DESIGN
ON 23rd MARCH 2023.

Those who are interested are invited to give their name to the
Faculty by 23rd March 2023. The Participants shall be invited with
to the bonding.

[Signature]
Faculty of Law

e/c

*For the Faculty
Faculty of Law*

*For the Students
Faculty of Law*

CONFIDENTIAL
Copy No. 01

CONFIDENTIAL

Dogra Law College

Bari-Brahmana, Jammu

Extra Curricular Activity and Report


Name of the activity: Seminar

Date of the event: 23rd March 18

Topic: Dec. Auditing

Since a seminar on "Role of youth in water safety, conservation of water and Water Availability" was organized by National Development Foundation in collaboration with Dogra Law College 13 students participated in the seminar and expressed their views on different aspects concerning this. Miss Roshni Kaur, Jyoti Kaur and Vandana Kaur were adjudged as 1st, 2nd and 3rd respectively. The main motto of this seminar was to underline the immediate need for being and conserving the water and also to save it from pollution and keep the natural resources for the next generation.


Signatory of Teacher Concerned


Director cum Principal
Principal
Dogra Law College
Bari Brahmana, Saran...

Seminar on water conservation and sanitation organised in Dogra Law College

JAMMU, MAR 23

A seminar on water conservation and water safety and sanitation was organised by National Development Foundation under the programme of National Rural Drinking Water Programme (NRDWP) in collaboration with Dogra Law College, in the auditorium of the College. Thirteen students of Dogra Law College participated in the seminar namely Vrinda Charak, Prakriti, Aditi Bashir Khan, Ananya Sharma, Radini Sharma, Jai Kaur, Apulb Ashan, Nirika Choudhary, Pooja Sultan, Amit Sharma, Rishabh Kaur, Verhal Dogra, Himani Khajuria and expressed their views on water safety and sanitation. Shri Mubarak Singh, Director (Adm & CD) Dogra Group of Colleges was the Chief Guest on the occasion. Ms Rasleen Kaur, Ms Jai Kaur and Mr Vrinda Charak were adjudged as 1st, 2nd and 3rd respectively by the panel of judges comprises of Mrs Bela Thakur, Principal Dogra Degree College, Dr Vikesh Sharma, Principal Dogra College of

Education and Mrs Heta Puri, Lecturer Dogra College of Education. Besides the participation prizes were also given to all participant students.

A documentary on water conservation and hygiene was also shown during the seminar. A pledge on water conservation was taken by all students of the College. Principal of Dogra Prof. VP Mangotra, the faculty member of Law College of Education and Dogra Degree College were also present on the occasion and all the students of Dogra Law College attended the function. While speaking on the occasion the chief guest emphasized on the role of youth for taking a leading role in water conservation and sanitation so as to ensure a healthy and clean environment. He also underlined the immediate need for saving and conserving the water and also to save from pollution to ensure that we leave this precious natural resource for next generation. He also appreciated the role of Communication and Capacity Development Unit and the National Development Foundation for organizing the seminar.

[Handwritten Signature]
Principal
Dogra Law College
Jammu, J.K.

MONDAY, MARCH, 26, 2018

Seminar on water conservation and sanitation organised in Dogra Law College



**DH CORRESPONDENT
JAMMU, MAR 25**

A seminar on the role of youth in water conservation, sanitation of water and sanitation was organised at National Developmental Foundation under the patronage of National Rural Drinking Water Programme (NRDP) in collaboration with Dogra Law College in the presence of the College. A large number of Dogra Law College participated in

the seminar jointly. Virendra Chandra, Prabhakar, Ashu Bhanu Singh, Ananta Sharma, Rajesh Sharma, Jai Kumar, Anshu Kumar, Nisha Choudhary, Laxmi Saini, Amit Sharma, Ramesh Kumar, Vishal Dogra, Himanshu, Khatriya and expressed their views on water safety and sanitation. Shri Mahesh Singh, Director (NRM) Dogra Group of Colleges was the Chief Guest on the occasion. Mr Ramesh Kumar, Mr Jai Kumar and Mr

Virendra Chandra were adjudged as 1st, 2nd and 3rd respectively by the panel of judges comprising of Mrs Bela Thakur, Principal Dogra Degree College, Dr Virendra Sharma, Principal Dogra College of Education and Mrs Isha Park, Lecturer Dogra College of Education. Besides, the consolation prizes were also given to all participant students. A documentary on sanitation and hygiene was also shown during the seminar. A pholje

in water conservation was taken by all students of the College. Principal, Prof. VP Mangra, the faculty member of Dogra Law College, besides the Principals of College of Education and Degree College were also present on the occasion and all the students of Colleges attended the function. While speaking on the occasion the chief guest emphasized on the role of youth for taking a leading role in water conservation

and sanitation so as to ensure a healthy and clean environment. He also underlined the immediate need for saving and conserving the water use also to save from pollution's ensure that we learn this precious natural resource to next generation. He also appreciated the efforts of Dogra Law College, National Developmental Foundation, Dogra Law College, Jammu.